

Intrinsic Motivation in Reinforcement Learning

to guide exploration and task-agnostic learning

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AUTONOMOUS LEARNING
MAX PLANCK INSTITUTE
FOR INTELLIGENT SYSTEMS



Vision: Versatile Learning Robots

Imagine we had robots that can be trained to perform new tasks quickly and that become dexterous...

Valuable assistants for humans in:

- collaborative assembly
- planting trees
- care
- sustainable agriculture
- ...



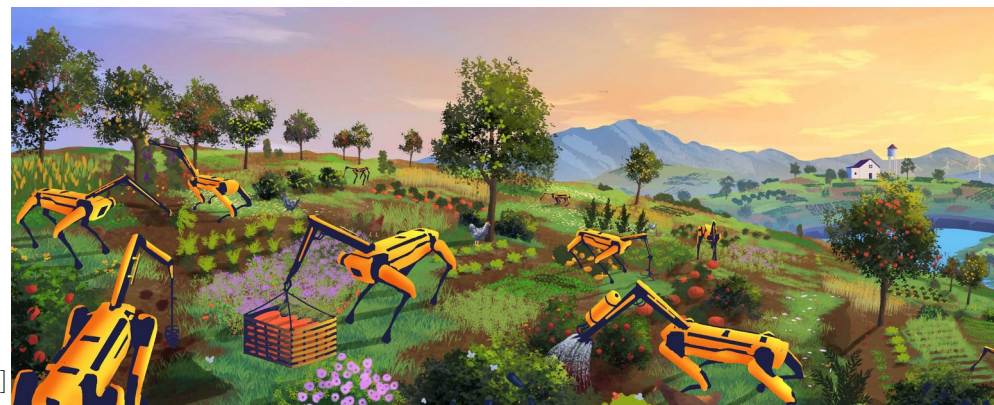
[Kuka]



(frauenhofer ipa)



[bergkvistanna karin@tuvie.com]



[Polybot.eu]

Need Learning!

Developmental Learning



What are the **generic driving principles**?

Intrinsic motivation

gain sensorimotor coordination

information theory and dynamical systems-based intrinsic motivation

gaining understanding

surprise based motivation, predicted information gain in unsupervised reinforcement learning

gaining control of environment and learn skills

competence-based methods in hierarchical reinforcement learning

visit particular states

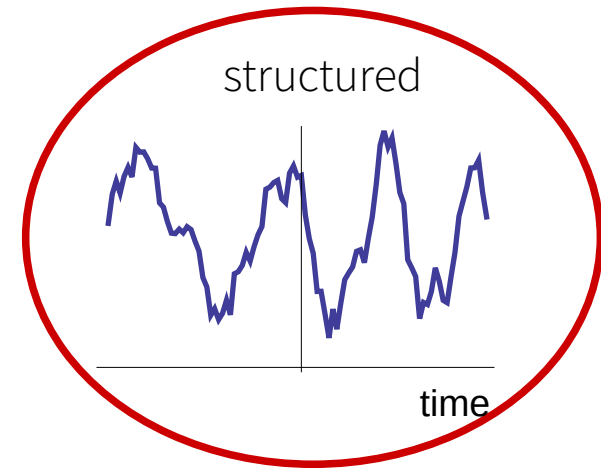
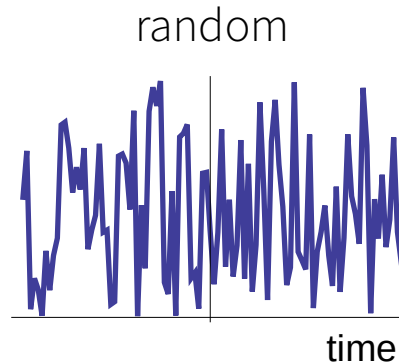
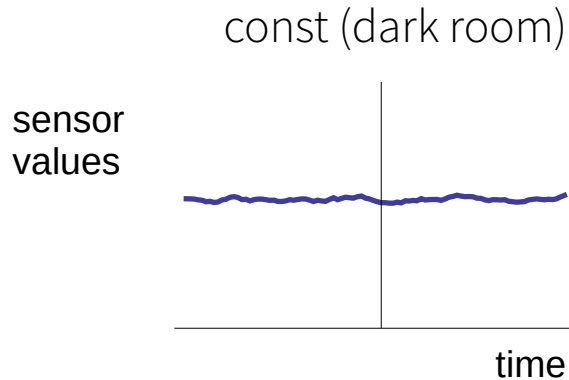
empowered, causally impactful, or regular situations

Task-agnostic learning (not comprehensive)

- Sensorimotor coordination – Dynamical balance
 - Homeokinesis (Der 2001, Der & Martius, 2011)
 - Predictive Information maximization (Martius, Der, Ay, 2013)
 - Differential extrinsic plasticity (DEP) (Martius, Der 2015)
 - DEP-RL (Schumacher 2023)
- Curiosity, Prediction Error, Surprise (Schmidhuber 1991-, Pathak 2017)
- Free Energy principle (Friston 2006 -)
- Predicted Information Gain (Sommer & Little 2012)
 - Reduction of Epistemic Uncertainty (Pathak 2019+, Vlastelica 2021, Sancaktar 2022)
- Learning progress, competence (Schmidhuber 1991-, Oudeyer 2005-, Baldassarre 2007-, Blaes 2019, Colas 2019-)
- Skill Diversity (Eysenbach 2018, Gumbsch 2018-2023, Vlastelica @EWRL)
- Adversarial selfplay (OpenAI, Plappert et al 2021)
- Empowerment (Polani et al 2005-)
 - Causal action influence (Seitzer et al 2021)
- Regularity (Sancaktar @EWRL)

Principles of early sensorimotor coordination?

- general principle should avoid trivial solutions



- Dynamical Systems: **no trivial fixed points, balanced dynamics** (critical)
- Information Theory: Predictive information (PI) (Mutual Information between past and future)

Self-organizing behavior

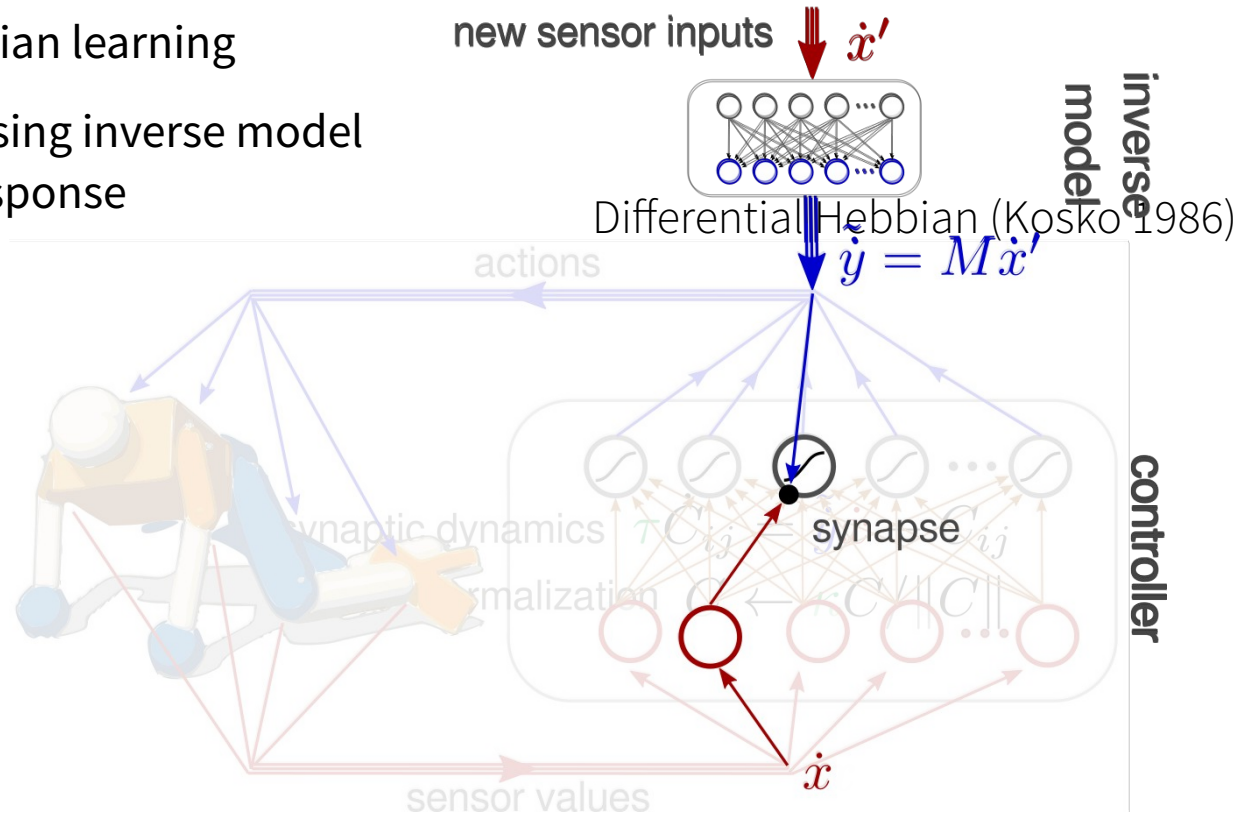


Differential Extrinsic Plasticity

intrinsic motivation to create coordinated behavior

Generalization of differential Hebbian learning

- new term: using inverse model of sensor response



Dynamical self-consistency

Controller: one-layer network

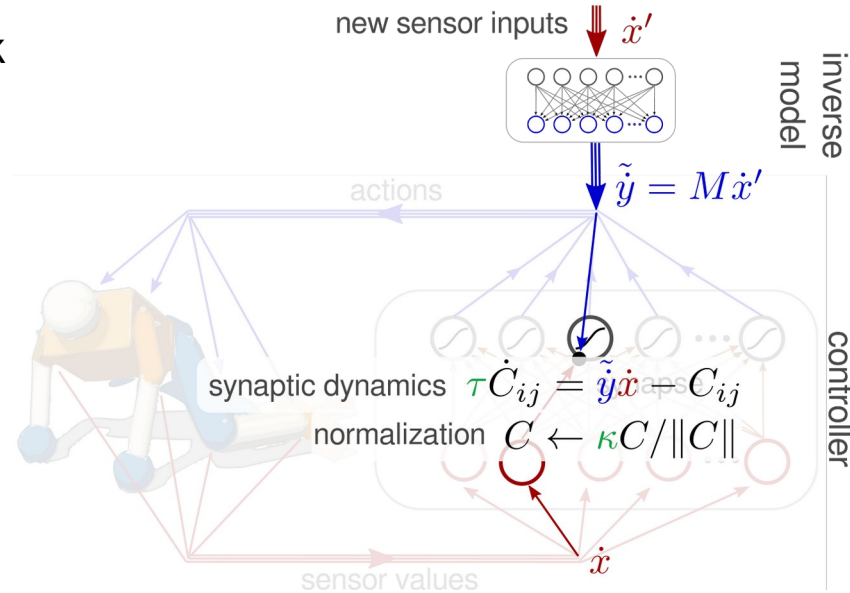
$$y = \tanh(\hat{C}x + h)$$

Weight normalization

$$\hat{C}_{ij} = \kappa \frac{C_{ij}}{\|C_i\|}$$

Inverse Model ($M = \mathbb{I}$)

$$F(\dot{x}) = M\dot{x}$$



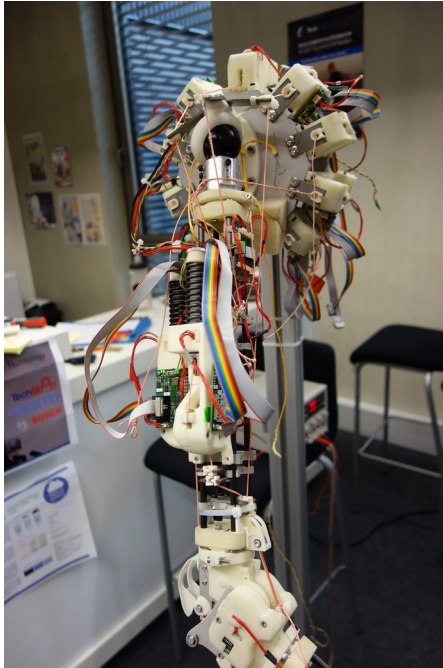
What does it do?

- amplify small movements (κ)
- increase velocity correlations $C \approx \sum_{s=t-d}^t \tilde{y}_s \dot{x}_s^T$
- aims for self-consistency

Behavior generated by C reproduces C by the dynamics

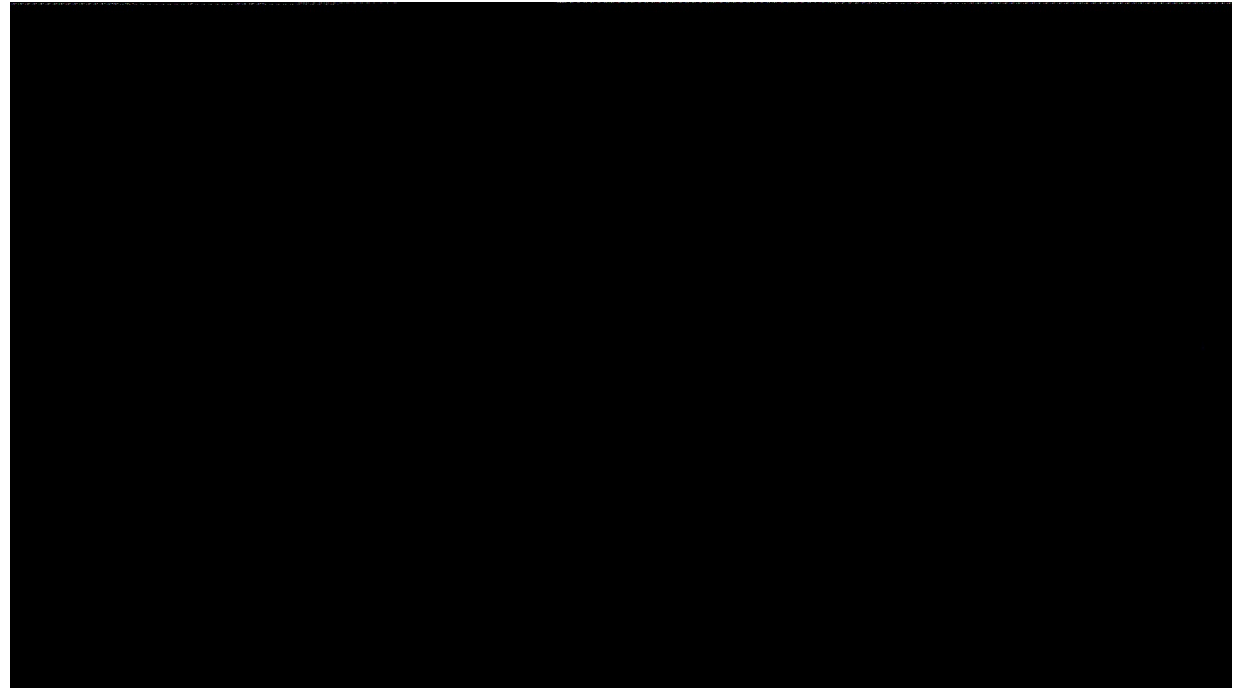
Soft-robot humanoid arm

bottle shaking



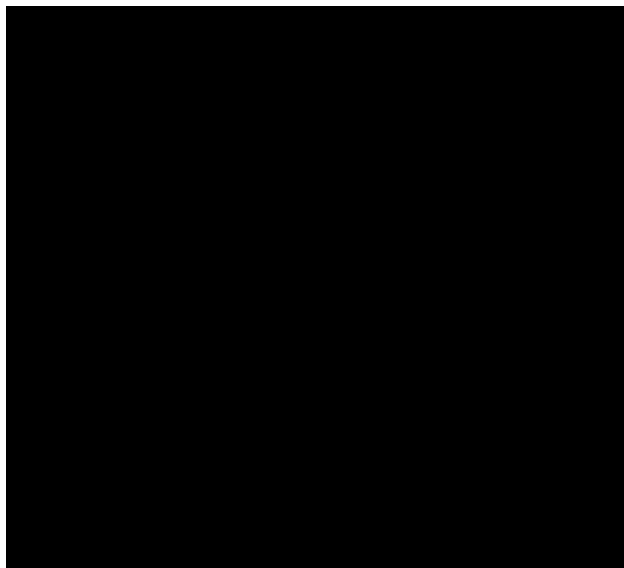
Robot: Myorobotics arm, TUM

9 muscles for
shoulder and elbow



Exploration is key

Standard noise exploration:



works for torque driven systems



Pierre Schumacher



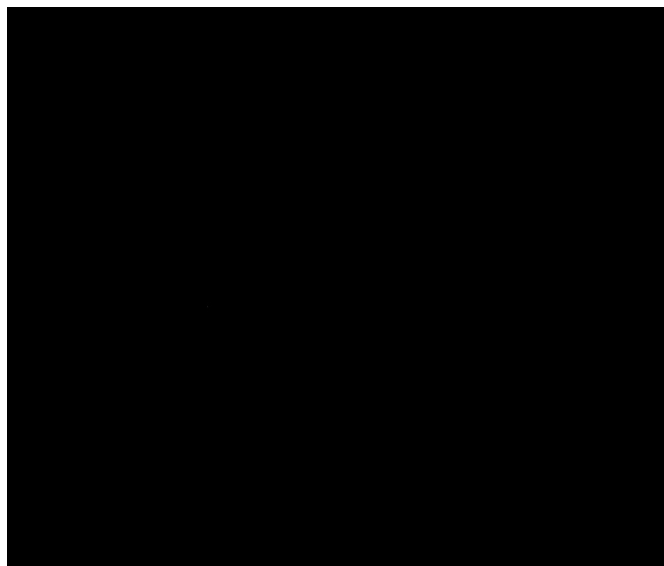
Isabelle Wochner



Daniel Häufle

Exploration is key

Standard noise exploration:

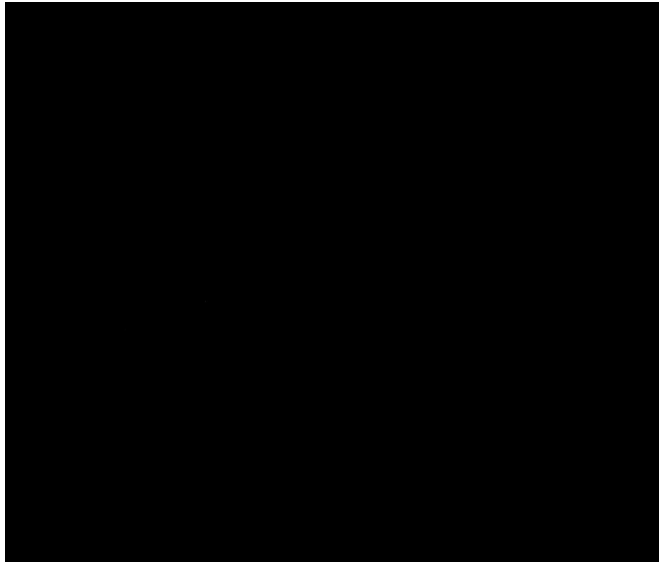


2 DoF
6 muscles

fails for over-actuated systems

Exploration is key

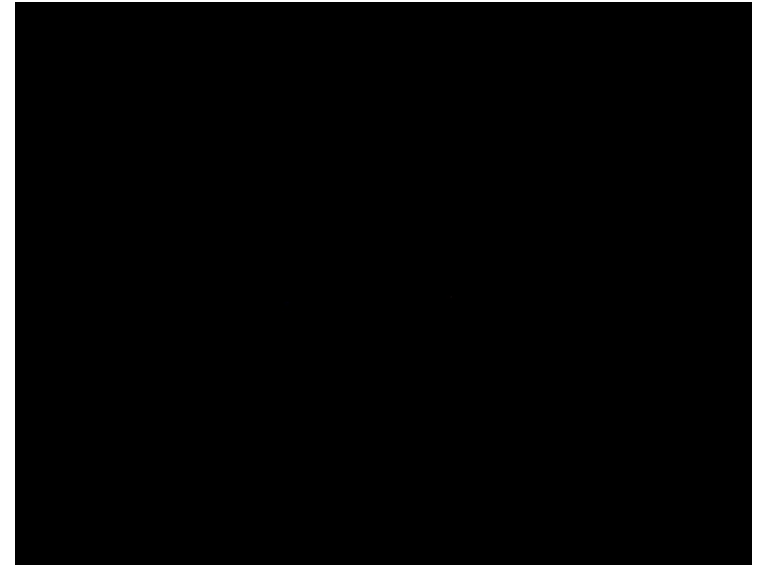
Standard noise exploration:



fails for over-actuated systems

2 DoF
6 muscles

Embodied exploration:



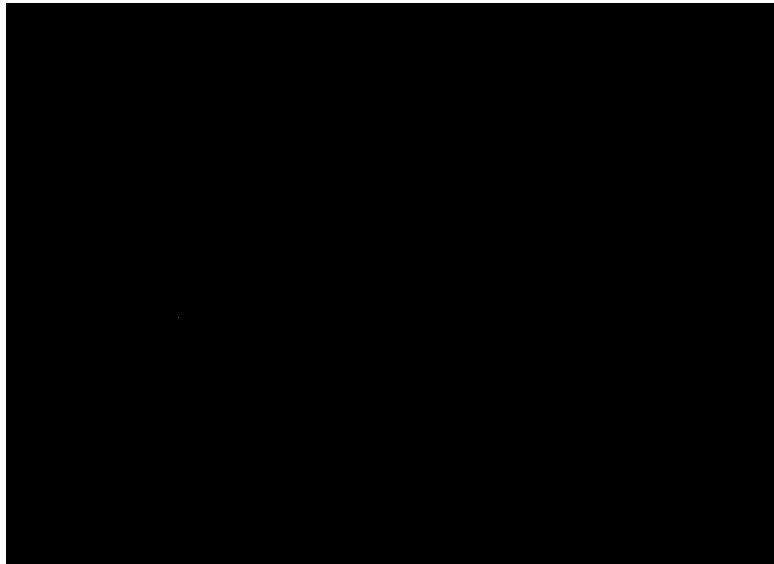
DEP: like a Hebbian learning rule:
creates coordinated behavior

[Der, Martius. *PNAS* 2015]

Schuhmacher, Häufle, Büchler, Schmitt, GM. *ICLR*, 2023

Exploration is key

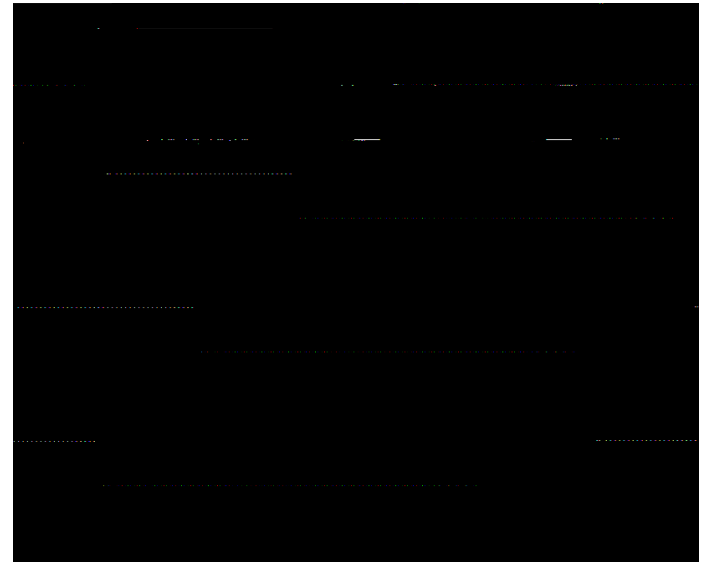
Standard noise exploration:



48 DoF
121 muscles

fails for over-actuated systems

Embodied exploration:



DEP: like a Hebbian learning rule:
creates coordinated behavior

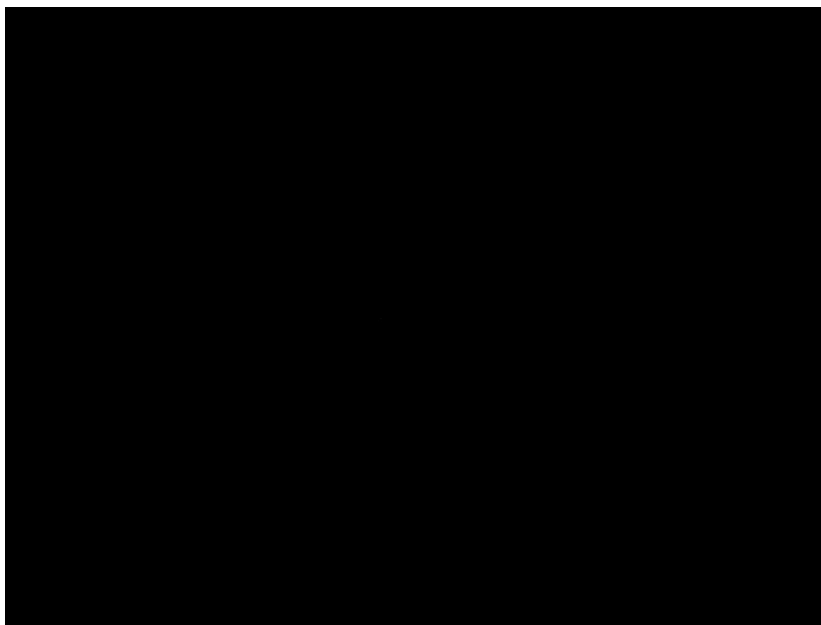
[Der, Martius. *PNAS* 2015]

Schuhmacher, Häufle, Büchler, Schmitt, GM. *ICLR*, 2023

Reinforcement Learning with Embodied Exploration

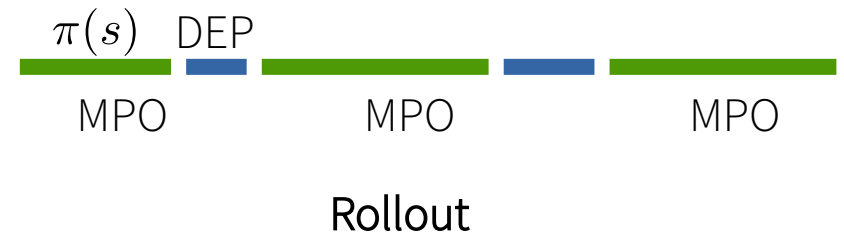
- DEP-RL: Interleave exploration and policy optimization at random times
- Ostrich

DEP-RL



Reinforcement Learning with Embodied Exploration

- DEP-RL: Interleave exploration and policy optimization at random times

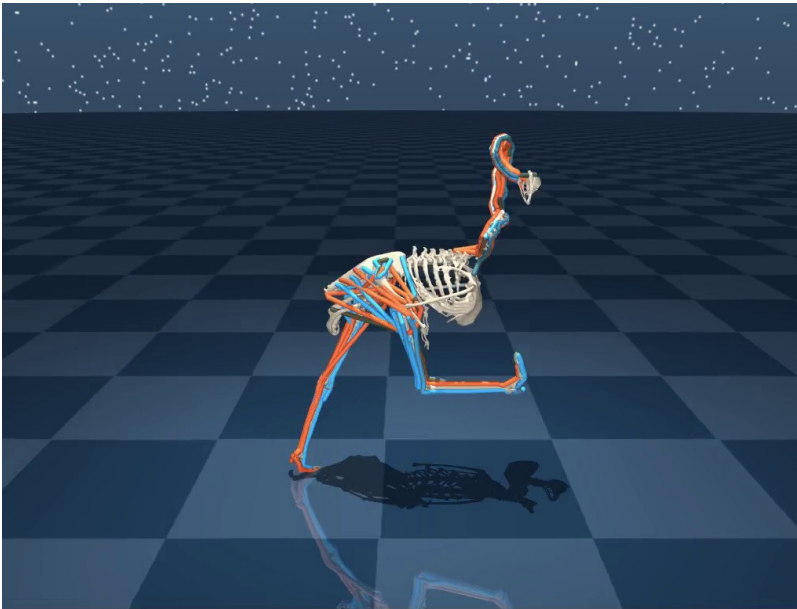


MPO: Maximum a Posteriori Policy Optimisation. Abdolmaleki et al, ICLR 2018

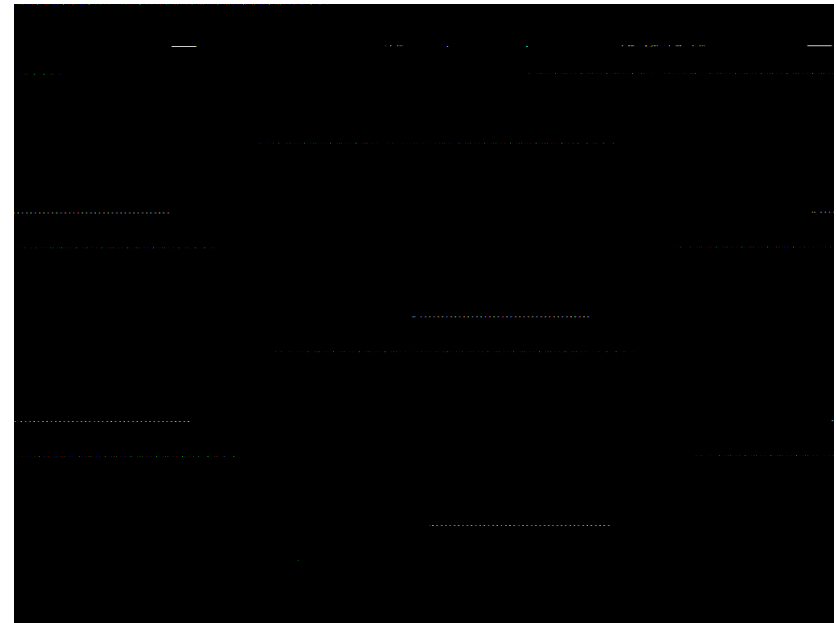
Let it run

- Exploration is key: DEP-RL: Interleave exploration and policy optimization at random times
- Ostrich

DEP-RL

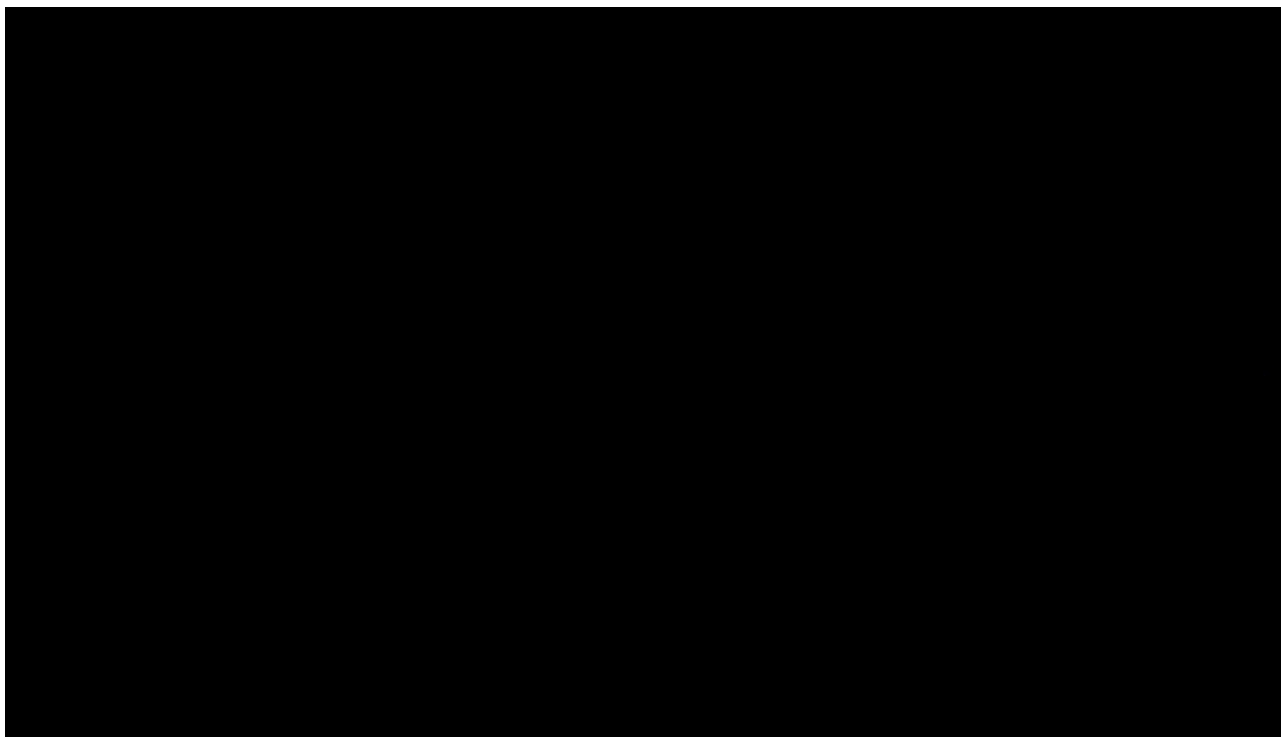


With normal exploration



Let it run

- Exploration is key: DEP-RL: Interleave exploration and policy optimization at random times
- What about models of humans?

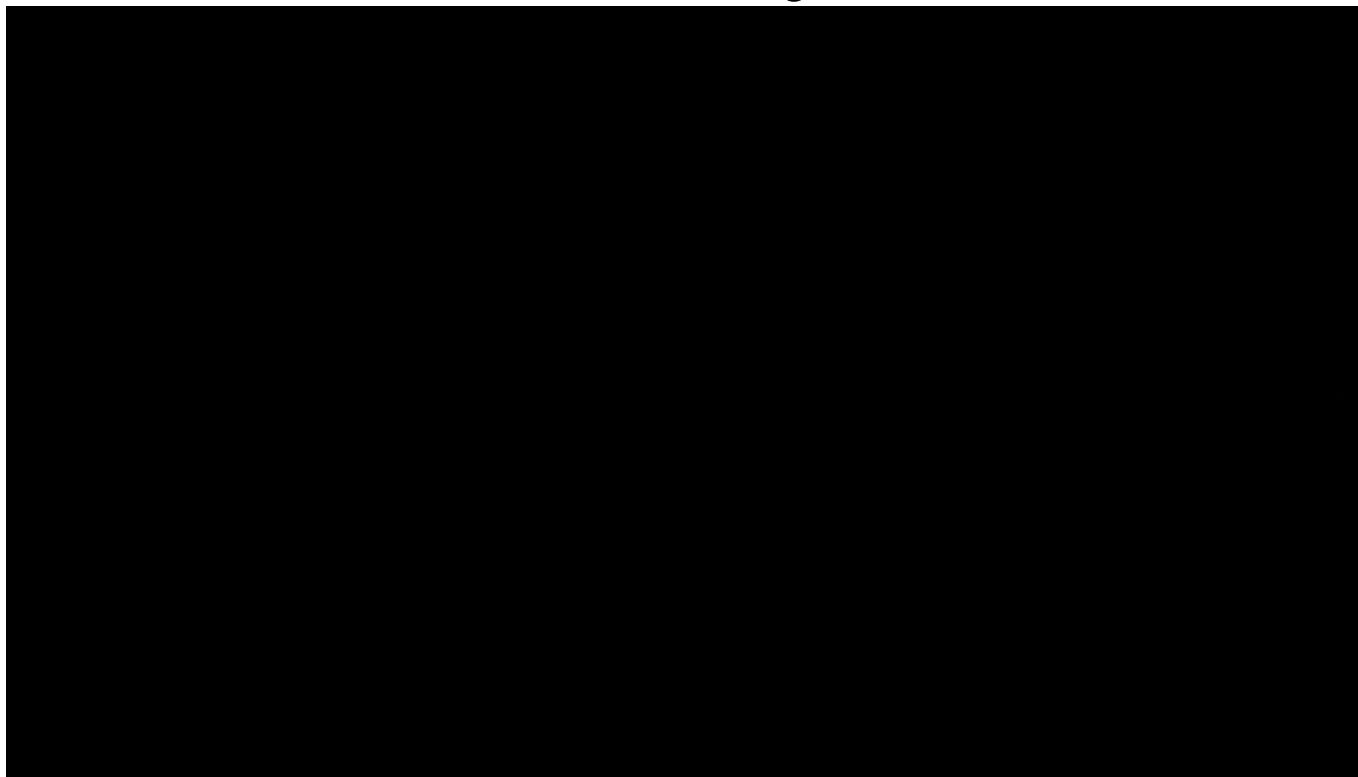


No demonstration
only generic rewards:
+ velocity
- energy
- joint limits

Matches force and angle profiles of humans quite closely

Let it run

- Exploration is key: DEP-RL: Interleave exploration and policy optimization a random times
- What about models of humans? Time for the **falling skeleton** ;-)



- NeurIPS 2023 competition
- call to the community to study the control of muscle-skeletal systems.
 - DEP-RL: is a baseline
- manipulation and locomotion


sites.google.com/view/myosuite/myochallenge/myochallenge-2023

MyoChallenge'23

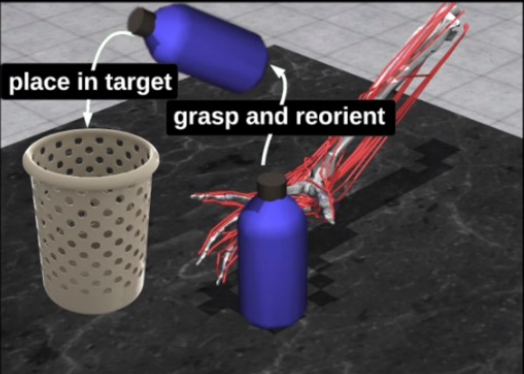
Towards Human-Level Dexterity and Agility

@NeurIPS2023 Competition Track | Prizes: USD \$20,000+

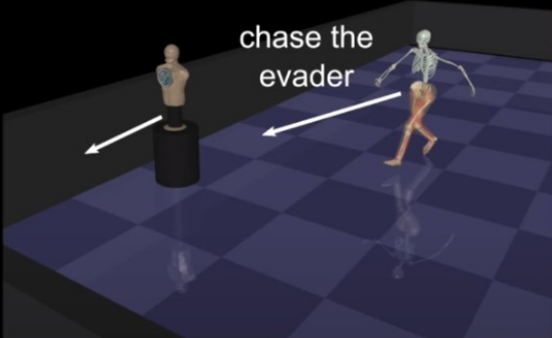
[Status:<running>](#) | [Documentation](#) | [Tutorials](#) | [Submission\(EvalAI\)](#) | [Blog](#)


MyoChallenge '23

Watch later
Share



Manipulation track: object pick and place

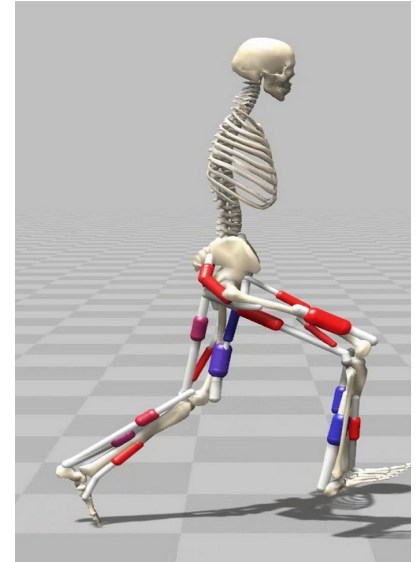


Locomotion track: World Chase Tag

Dual-track competition

Summary – embodied exploration

- ✓ over-actuated and/or high-dimensional systems can benefit from embodied exploration:
 - take local sensorimotor feedback into account
- ✓ can learn to control really complicated biophysical models!
- ✗ still takes millions of steps

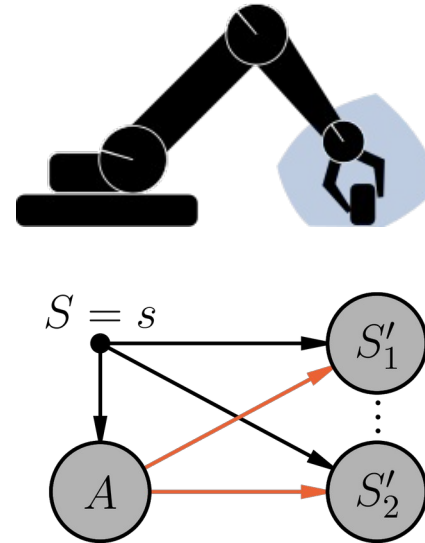
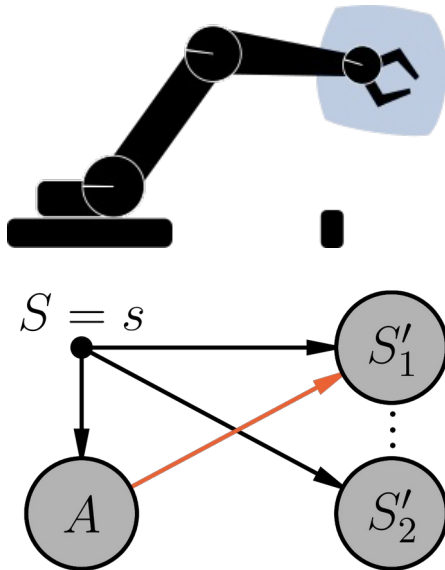


Causal Action Influence

Define when actions have causal affect on environment:

- dynamics of object is **independent of action**

local causal models



MI(Object; Action | Situation)



Causal Action Influence

Define when actions have causal affect on environment:

- dynamics of object is **not independent of action**

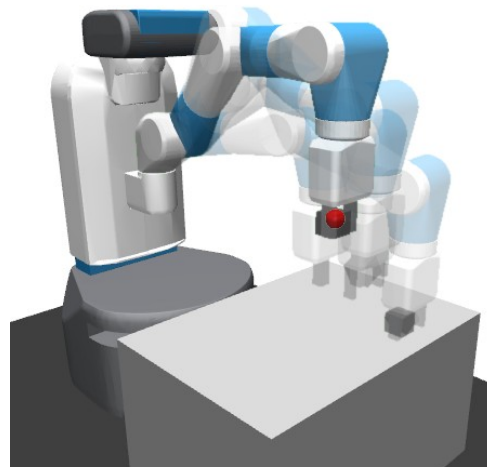
CAI: **causal action influence**

$$C^j(s) := I(S'_j; A \mid S = s) = \mathbb{E}_{a \sim \pi} \left[D_{\text{KL}} \left(P_{S'_j|s,a} \parallel P_{S'_j|s} \right) \right]$$

S_j object of interest

probabilistic deep network
(gaussian NN)

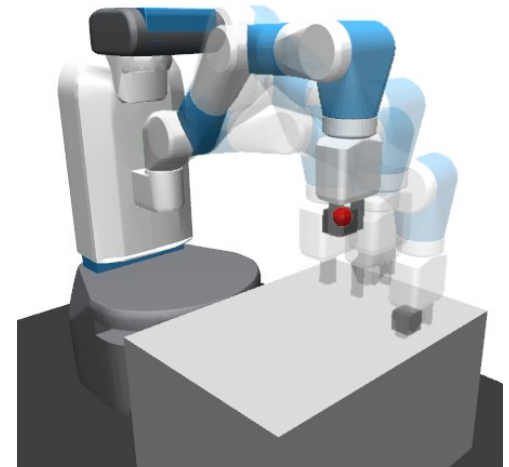
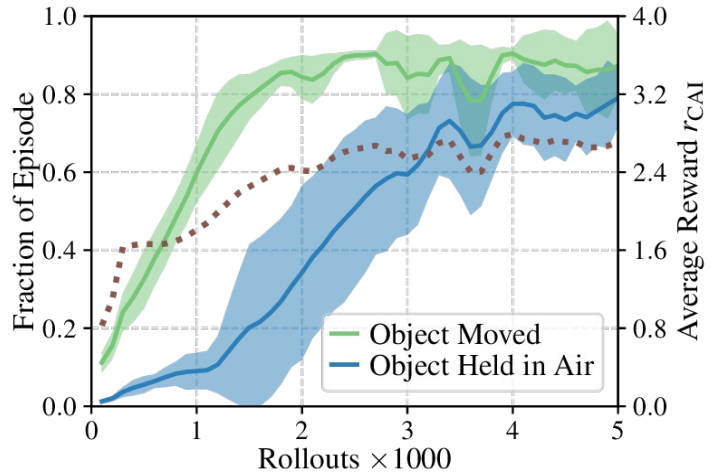
marginalized (sampling-based)



Causal Action Influence

What can we do with this measure?

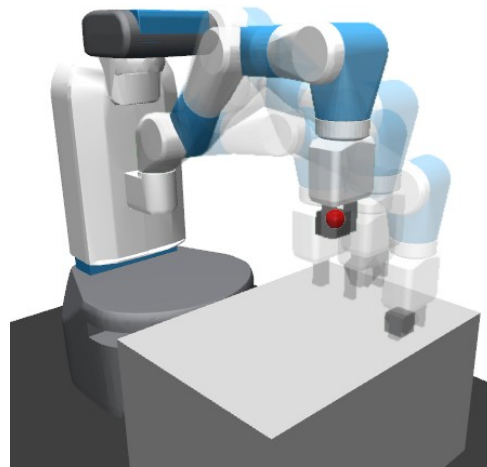
- use as intrinsic motivation



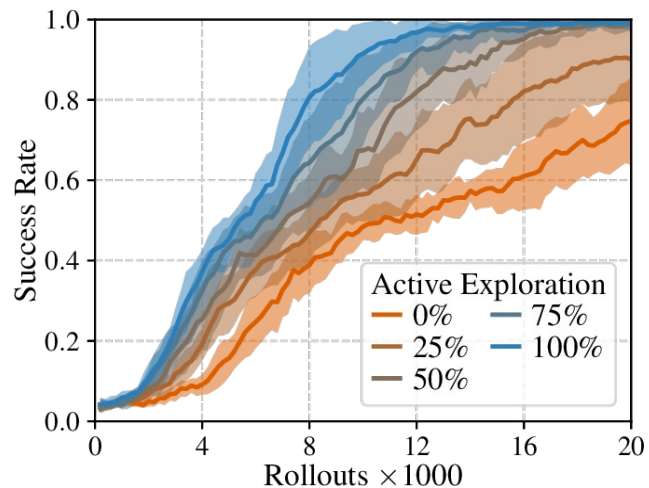
Causal Action Influence

What can we do with this measure?

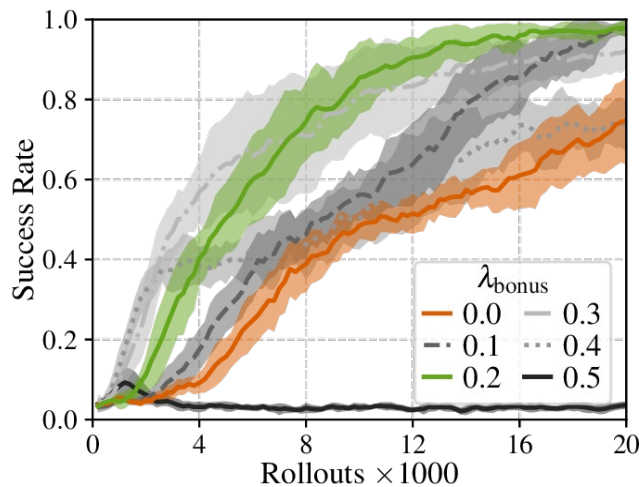
- use as intrinsic motivation
- use for active exploration while aiming for task



active exploration



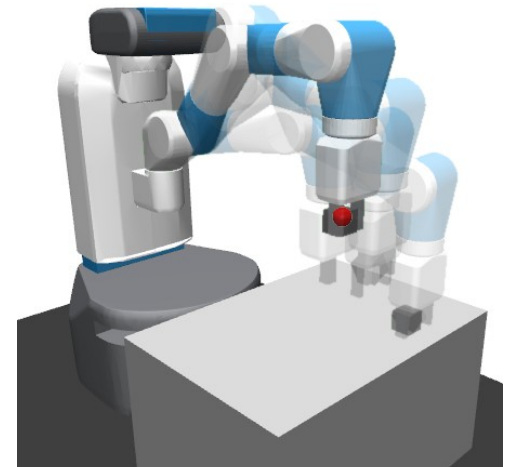
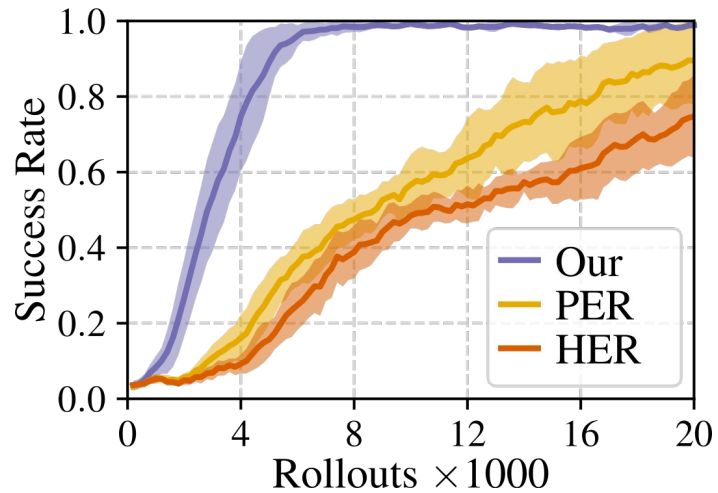
exploration bonus



Causal Action Influence

What can we do with this measure?

- use as intrinsic motivation
- use for active exploration
- to speed up learning (prioritized replay)

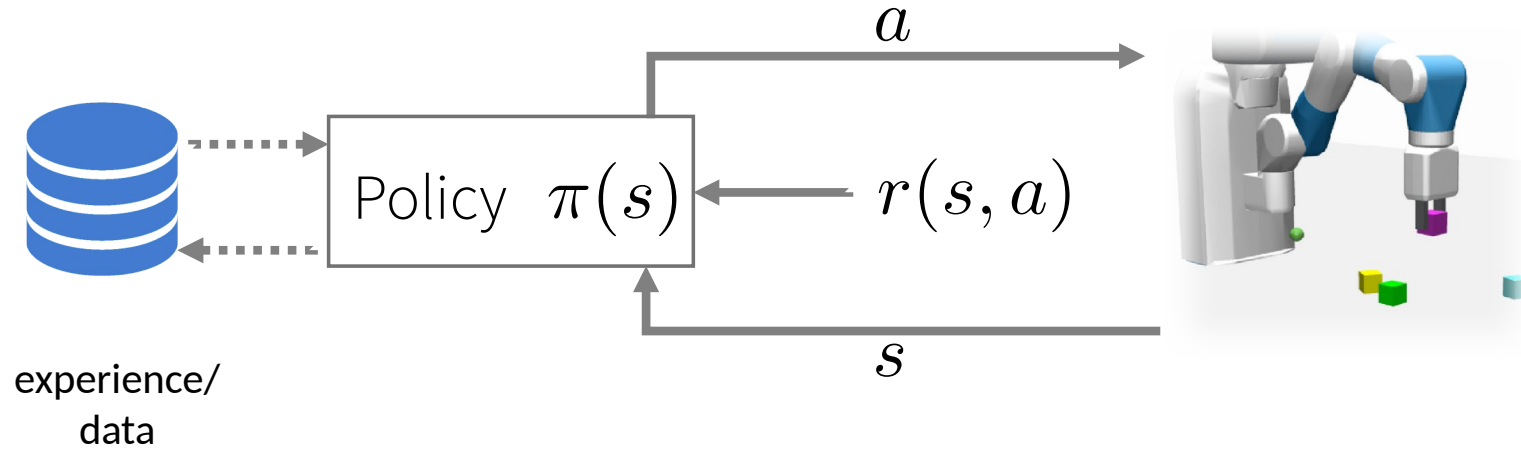


What about autonomous learning?

- Want to leave the robot alone: task-agnostic phase / free play
- Later: come and ask it to perform a task

- Ideally sample efficient enough for a real robot

Reinforcement learning



Aim: Find policy π that maximizes future reward: $\mathbb{E}_{s_t \sim \pi} \sum_t \gamma^t r(s_t)$

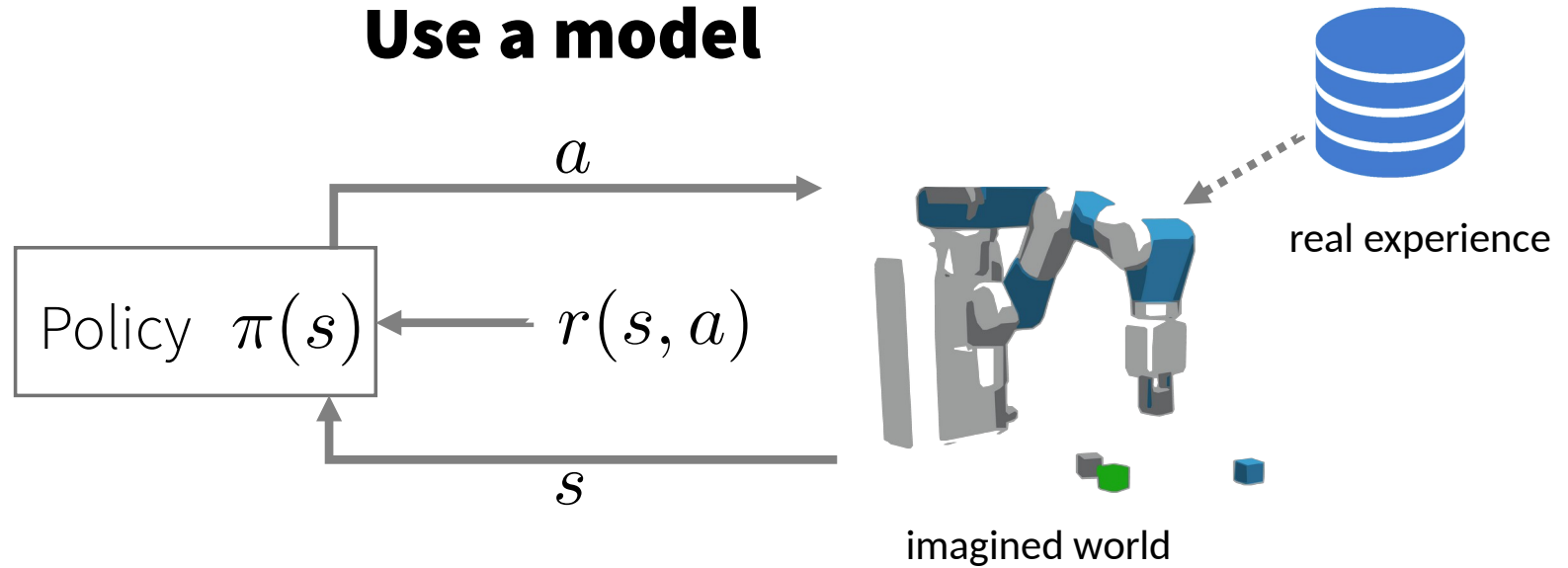
➤ Approach: learn from experience by trial and error

needs a **prohibitive amount** of interactions for real-world systems

[ionos.com]



Use a model



Interact with a **model** of the world:

→ can do trial and error learning using the model (mental simulation)

Enables to compute **reward in imagination**

Properties of Intrinsic Motivations Signals

In RL: intrinsic motivation is typically an additional reward

- Curiosity, Learning progress, Competence
- Prediction Error (Intrinsic Curiosity Module)
- Novelty search
- Adversarial selfplay

Retrospective
- hard to predict

- Predicted information gain, Reduction of epistemic uncertainty
- Empowerment, Causal action influence
- Skill diversity
- Regularity

Predictable

Why does it matter?

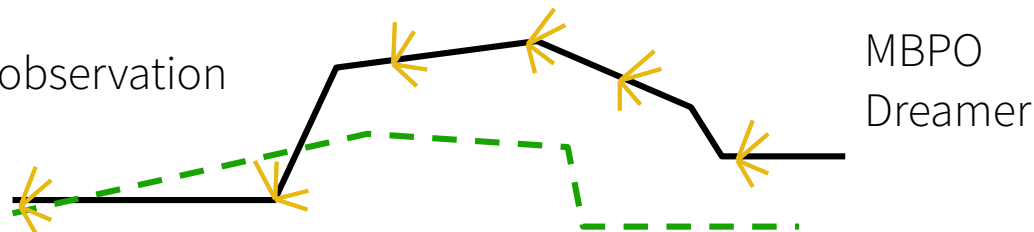
Predictable IM signals can be used in model-based optimization!

Model-based Reinforcement Learning

Two instantiations

Planning at learning time

- use model to collect data nearby real observation
- learn to solve a **specific** task
- global optimization



Planning at run-time

- use model for planning
- perform **new task on the fly**
- optimize finite horizon problem



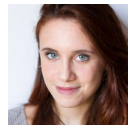
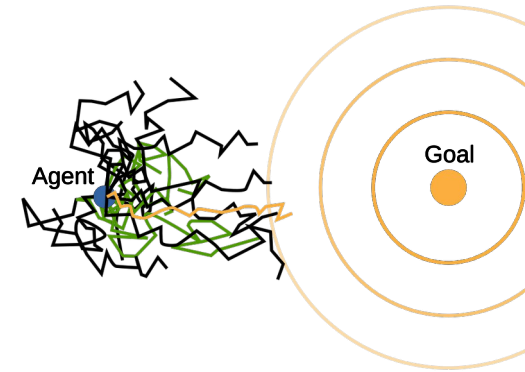
Need:
Fast optimizer
Good model

Model-based Planning

Cross Entropy Method (CEM)

- Sampling based optimization

$$a_{t,\dots,t+H} \sim \mathcal{N}(\mu_i, \sigma_i^2)$$



Cristina Pinneri



Sebastian Blaes



Marin Vlastelica



Shambhuraj Sawant



Georg Martius



Jan Achterhold



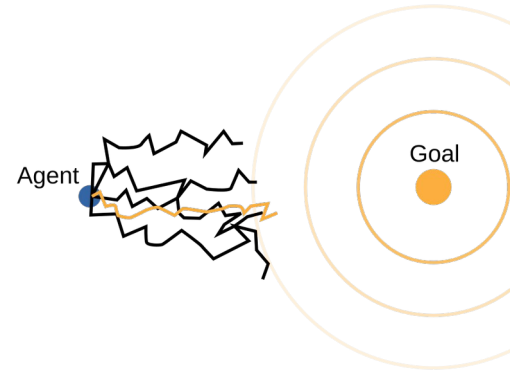
Jörg Stückler

Planning with Temporal Correlation

Cross Entropy Method (CEM)

- Sampling based optimization

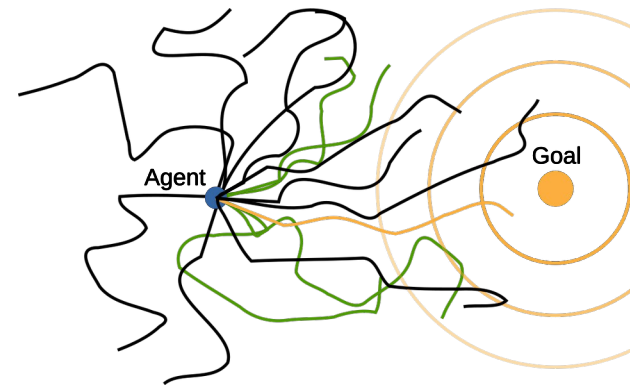
$$a_{t,\dots,t+H} \sim \mathcal{N}(\mu_i, \sigma_i^2)$$



improved Cross Entropy Method

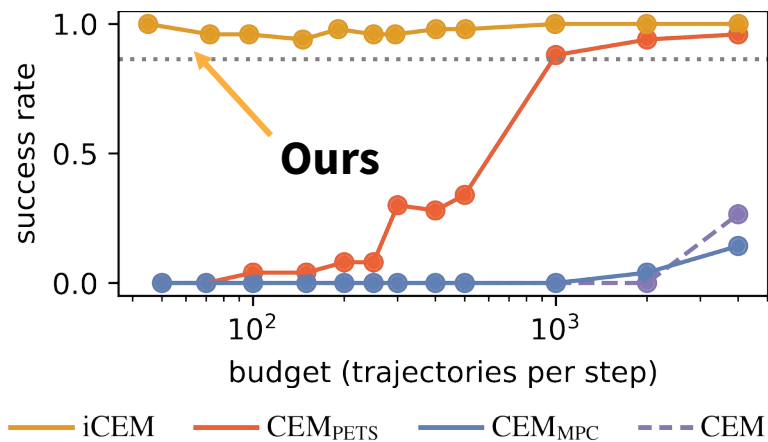
- ✚ Memory
- ✚ Colored noise: temporal correlation

$$\text{Power Spectral Density} \propto \frac{1}{f^\beta}$$

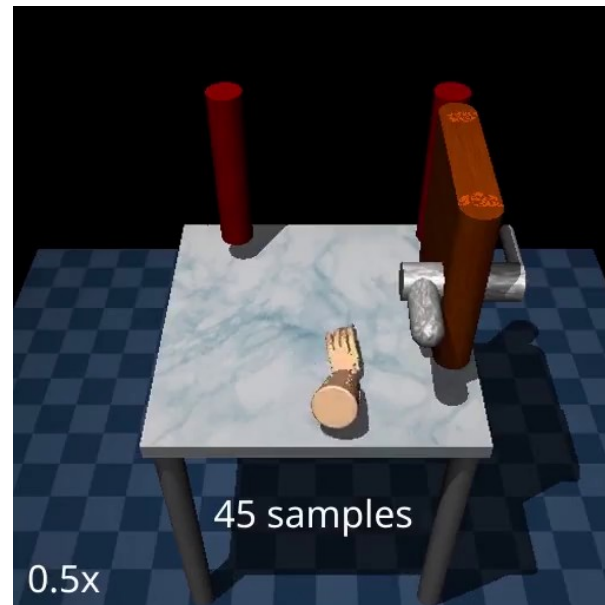


Model-based Planning

Door (sparse reward)

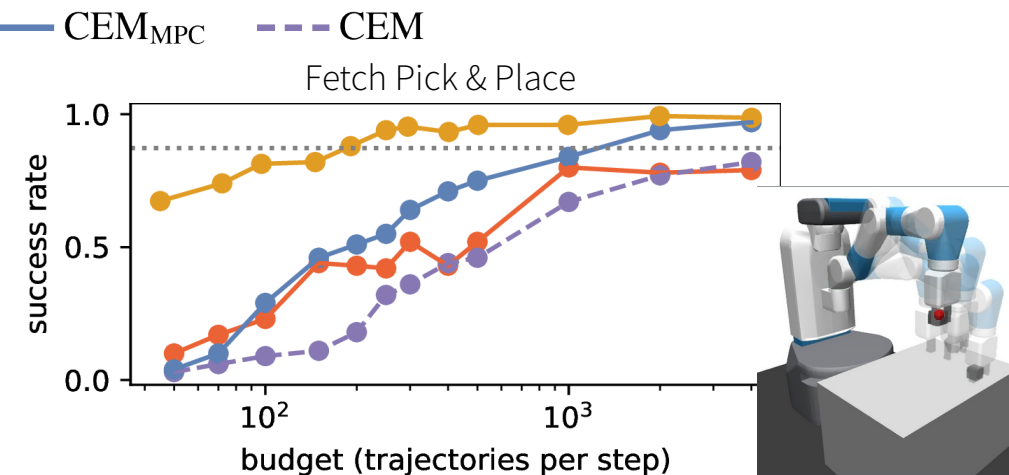
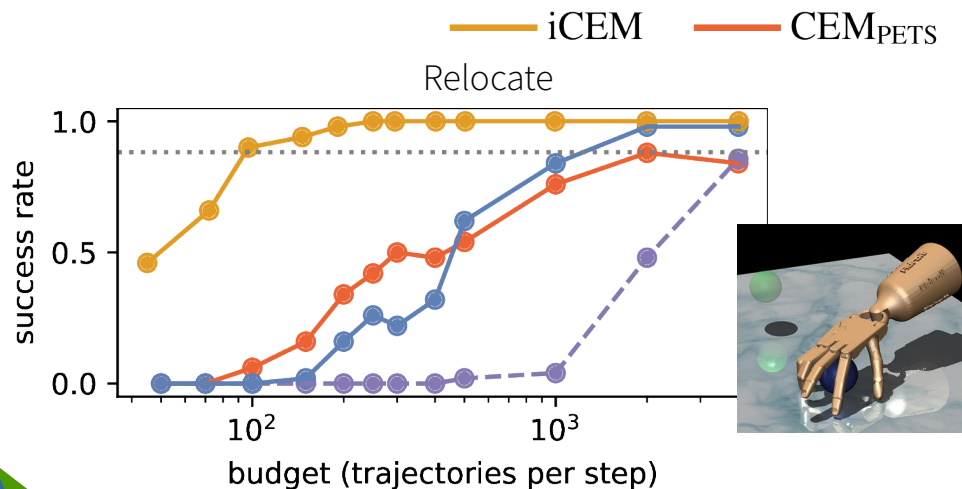
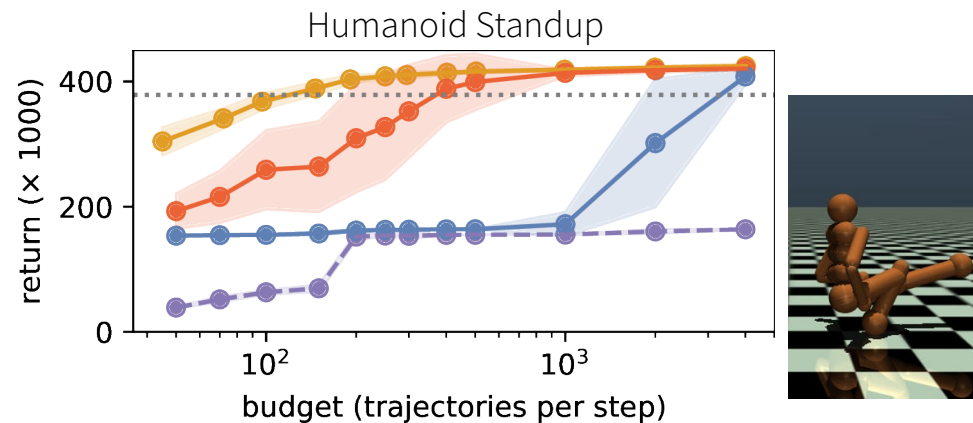
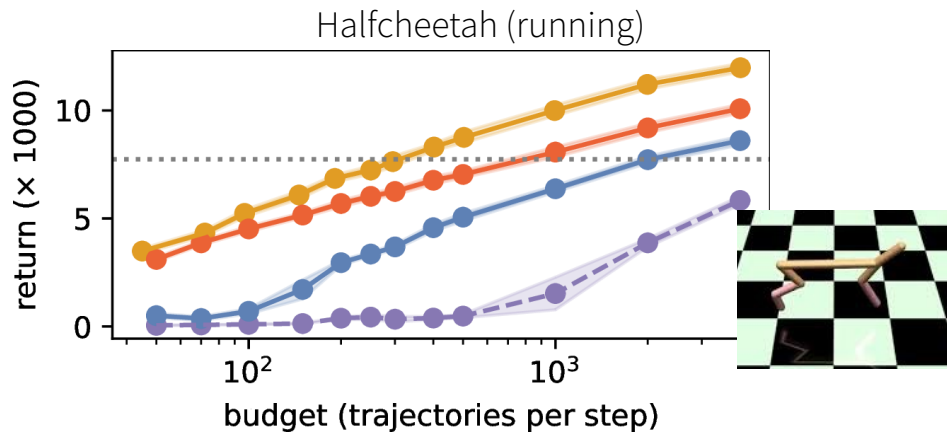


ground truth models
(simulator)



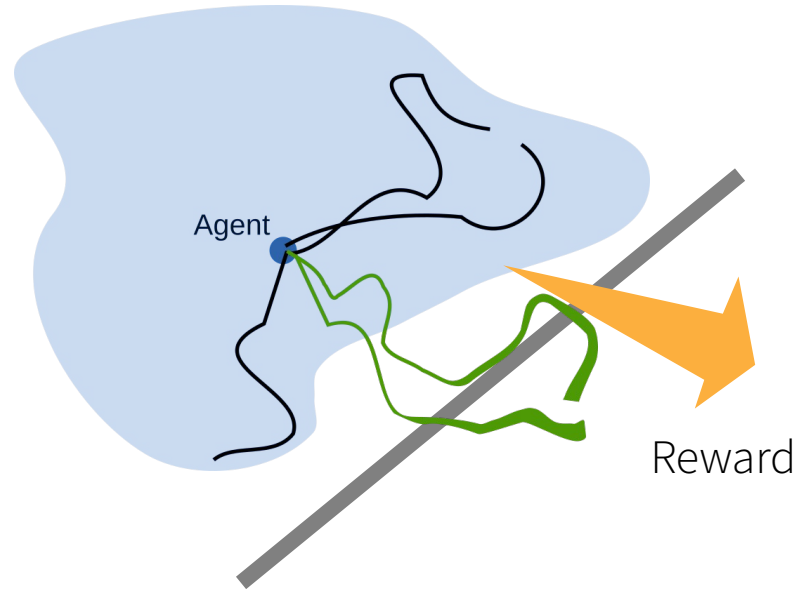
(environment from DAPG project)

Model-based Planning



— iCEM — CEM_{PETS} — CEM_{MPC} - - CEM

Use learned models... what can go wrong?



The planner will **exploit model errors**

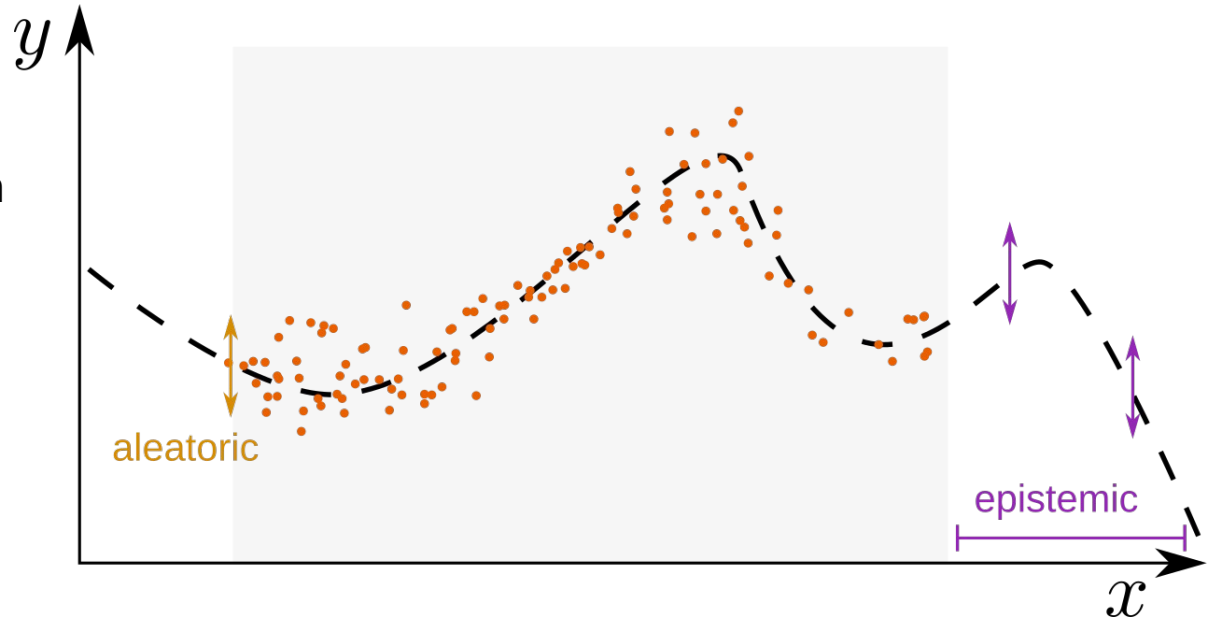
- Non-sense behavior is executed
- Need to **know** what the **model does not know**

Dynamics Models with Uncertainty

- separation of *aleatoric* and *epistemic* uncertainty

Why?

- aleatoric: avoid
- epistemic:
 - seek to reduce during exploration
 - avoid during exploitation

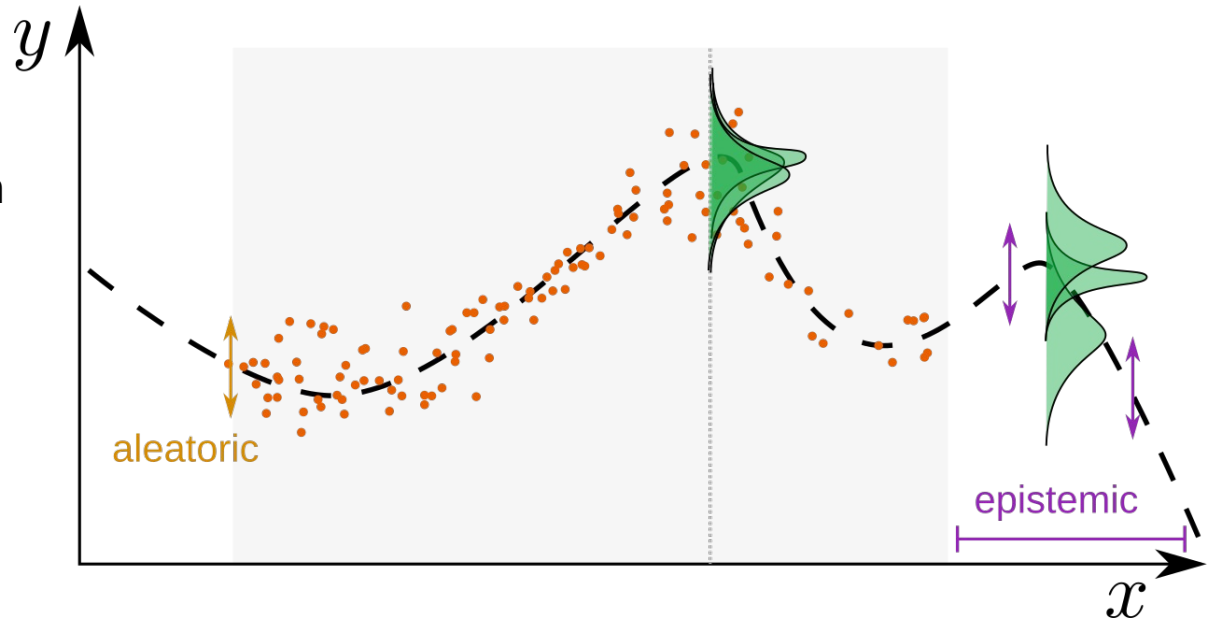


Dynamics Models with Uncertainty

- separation of *aleatoric* and *epistemic* uncertainty

Why?

- aleatoric: avoid
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 - avoid during exploitation



Ensemble of probabilistic Deep Nets

- good estimates of separation both types of uncertainty

Dynamics Models with n-step Uncertainty

- separation of *aleatoric* and *epistemic* uncertainty

Why?

- aleatoric: avoid
- epistemic: seek to reduce / avoid during exploitation

What about compounding uncertainties (**n-step**)

- **Non-trivial, but can be solved practically:**
- PETS: [Chua et al 2018] Probabilistic Ensemble models with Trajectory Sampling
- RAZER: [Vlastelica, Blaes, Pinneri, GM. CORL 2021]: Disentangle epistemic and aleatoric for n-steps
- Beta-NLL [Seitzer, Tavakoli, GM. ICLR 2022]: make training of prob. NN models work

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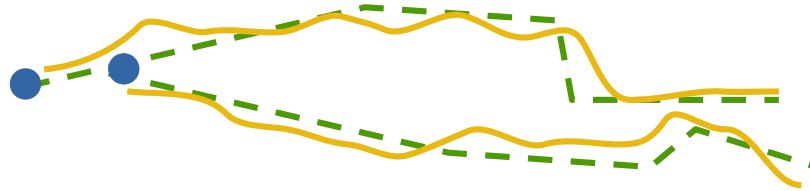
Why does it matter?

Predictable IM signals can be used in model-based optimization!

Planning for Intrinsic Motivation

Planning on the fly for an IM signal

- intrinsic motivation signals are **non-stationary** by design
- can plan for **n-step IM**



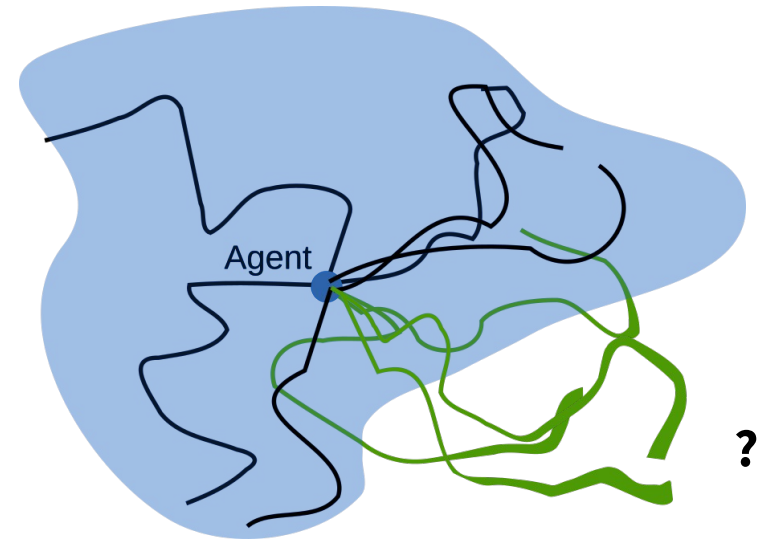
In model-free RL:

- need to first find the (intrinsically) rewarding regions (value function and policy)
- then unlearn as new things become more rewarding etc
- slow

Plan for Predicted Information Gain

Learn **autonomously** to prepare for **future tasks**

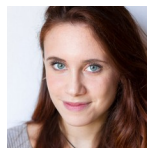
- plan for **predicted information gain**



Cansu Sancaktar



Sebastian Blaes



Cristina Pinneri



Marin Vlastelica

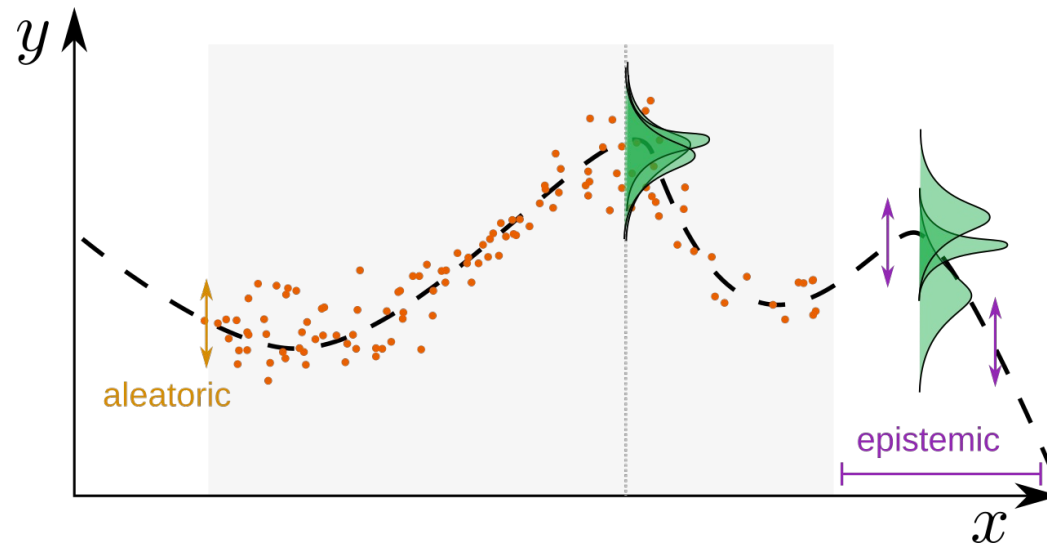
Vlastelica*, Blaes*, Pinneri, GM. *CORL* 2021

Sancaktar, Blaes, GM. *NeurIPS* 2022

How to measure/predict information gain?

epistemic uncertainty = proxy for information gain

“expect to gain information where uncertain because of lacking data”

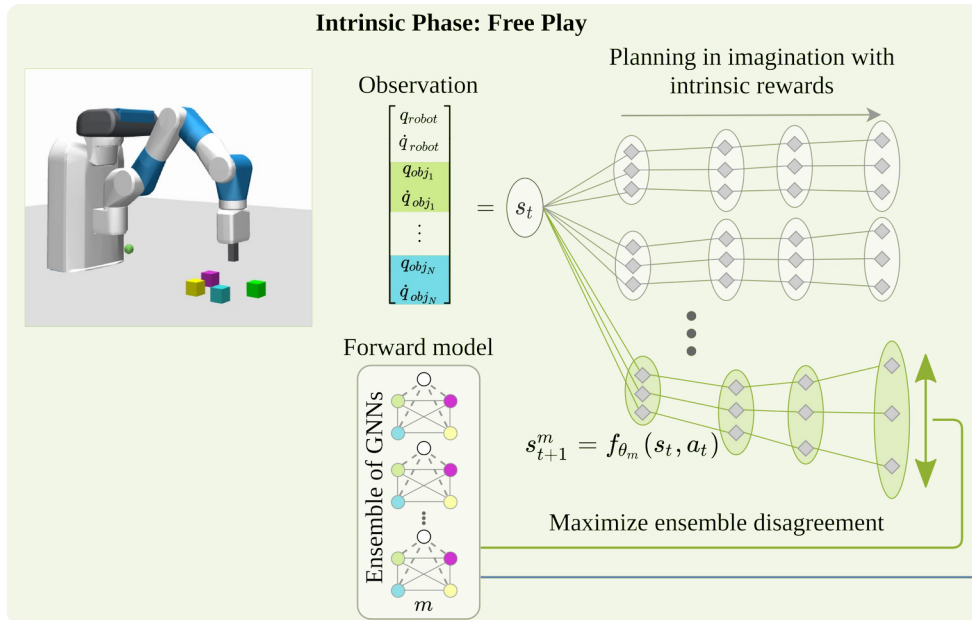


- Bayesian Neural Nets
- **Ensembles** ← are most practical at the moment

Plan for Predicted Information Gain

Seeking information:

- Learn a *structured mental model* of the world (graph net)
- Plan behavior where the outcome is uncertain / expect to learn something



$$r(s) = \sum_{k=1}^K (\mu_k(s) - \bar{\mu}(s))^2$$

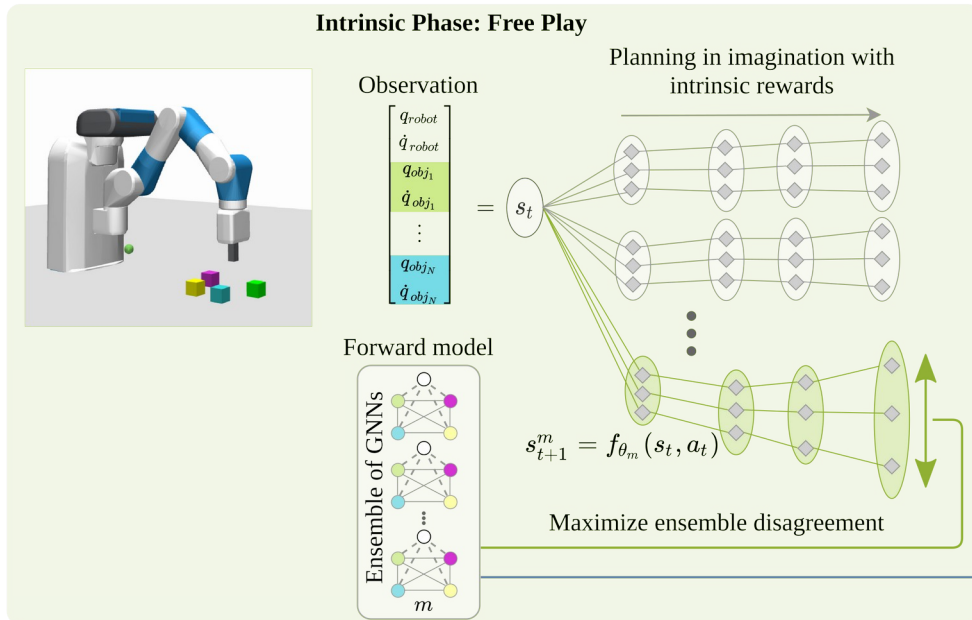
$$= \text{Var}(\text{Ensemble predictions})$$

Same objective as in “Plan To Explore”

Intrinsically Motivated Learning

Seeking information:

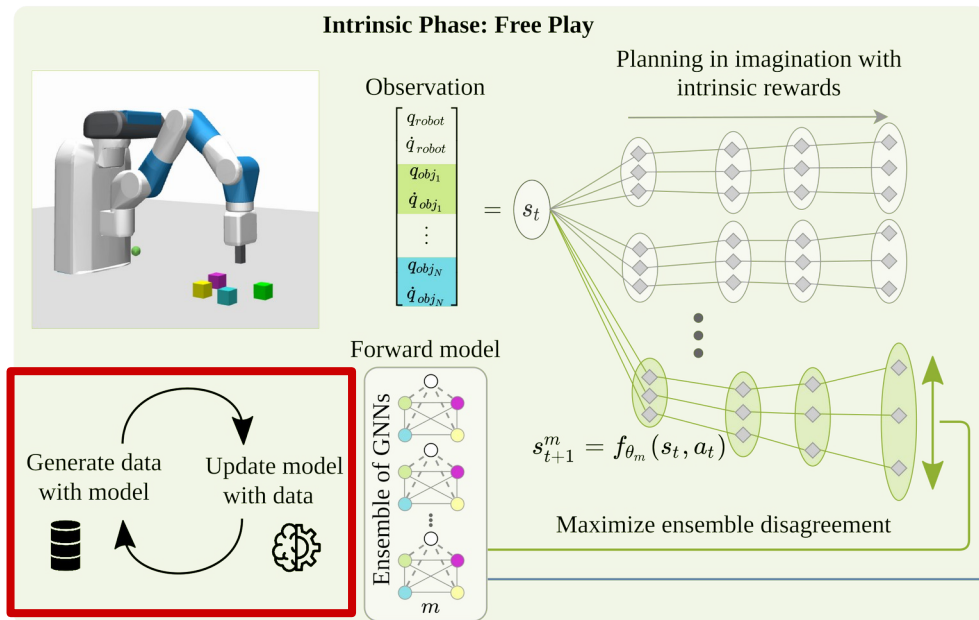
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- Plan behavior where the outcome is uncertain / expect to learn something



Intrinsically Motivated Learning

Seeking information:

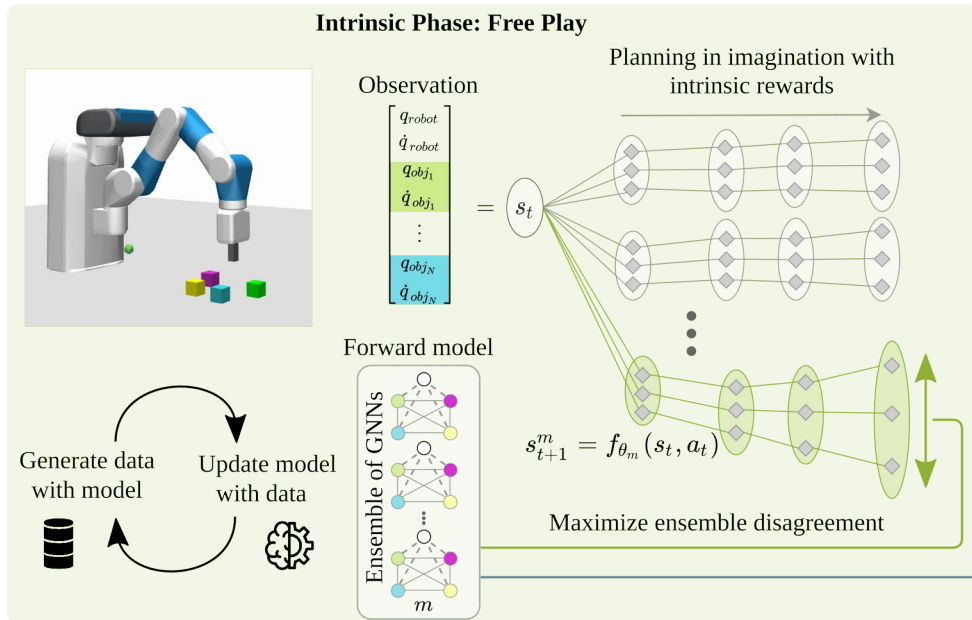
- Learn a *structured mental* model of the world (graph net)
- Plan behavior where the outcome is uncertain / expect to learn something



Intrinsically Motivated Learning

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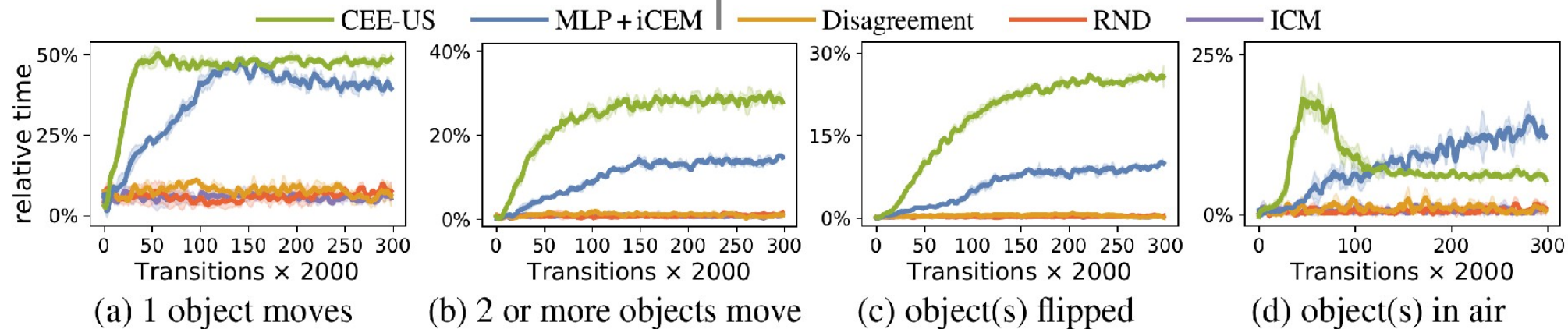
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Interaction Statistics

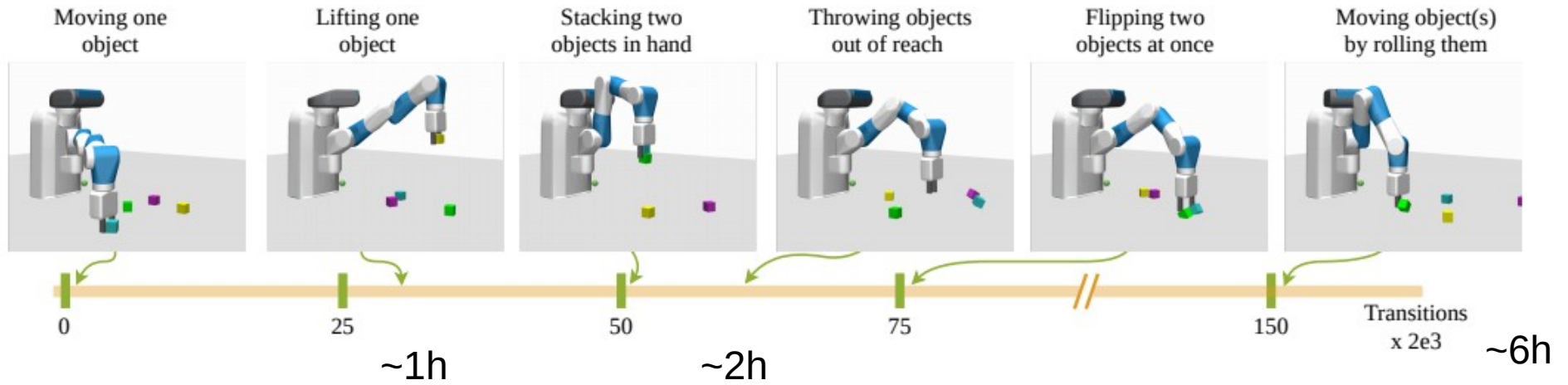
Planning-based

Policy-based



- Planning (for N-steps) matters
- Structured model (GNN) increases performance

Emergent Behavior



Loose comparison for lifting: (different environment, ...)

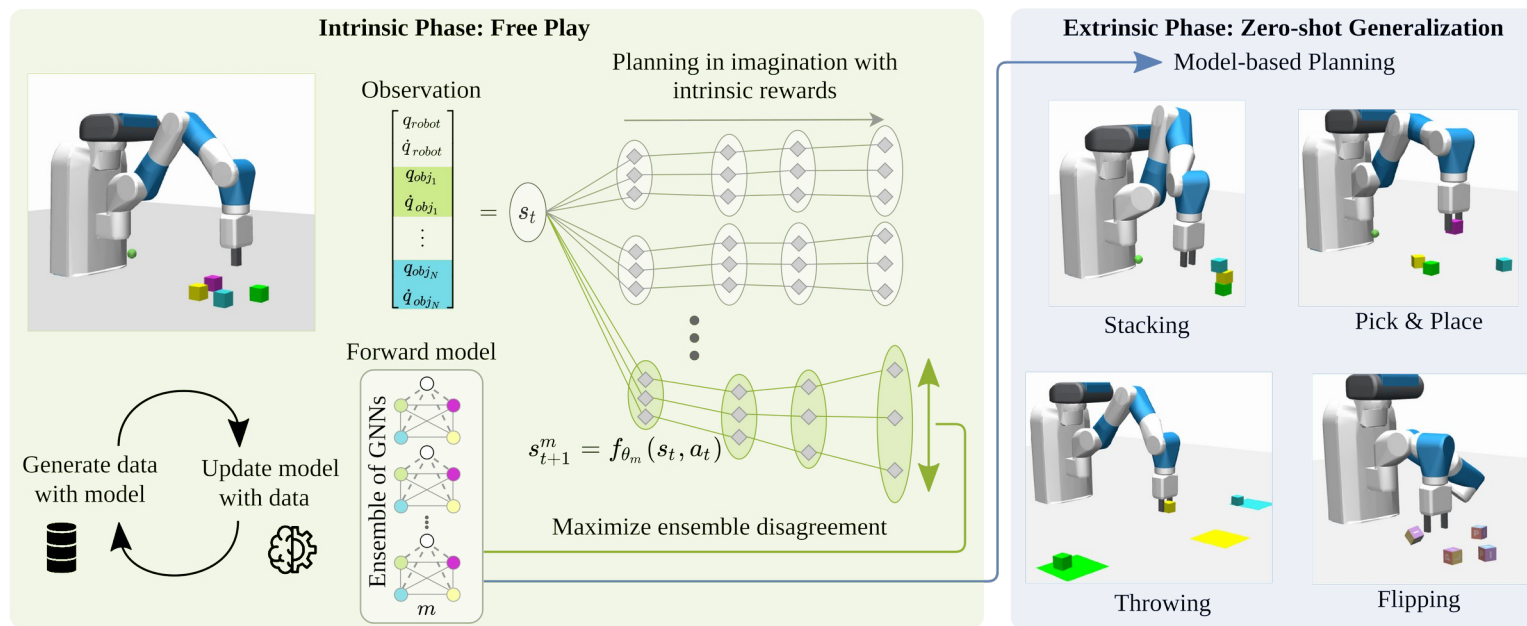
SELMO: 10M transitions Groth et al: “Is Curiosity All You Need? On the Utility of Emergent Behaviours from Curious...”

CEE-US: 60K transitions (ours)

Perform a task

“Think” and plan to perform a given task:

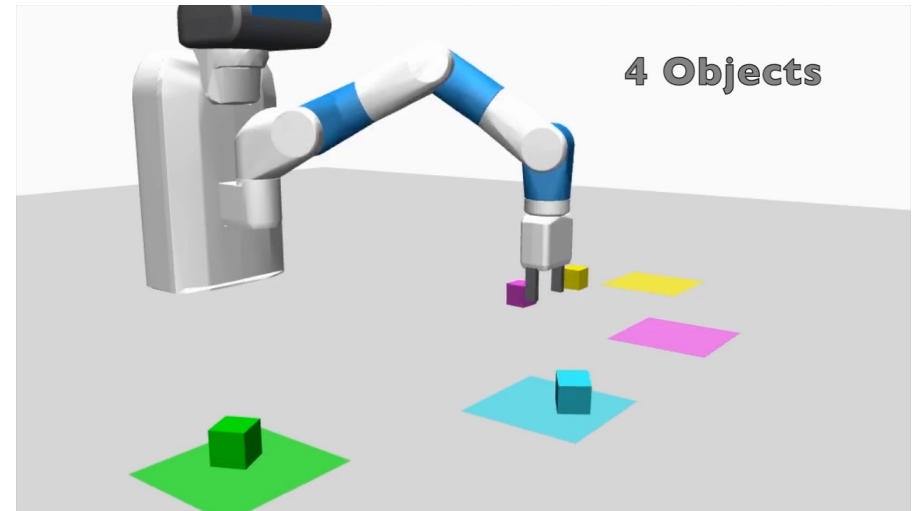
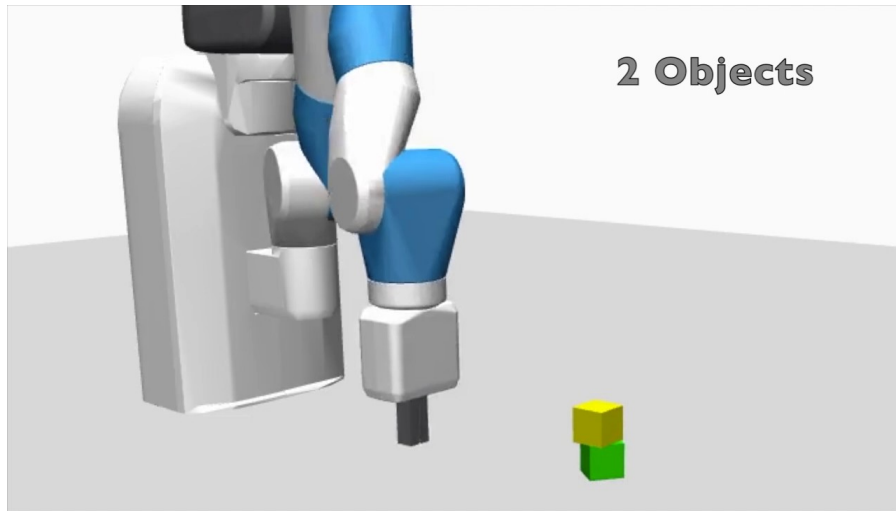
- use mental model of the world to plan for a given task



Perform a task – zero shot generalization

“Think” and plan:

- use mental model of the world to plan for a given task

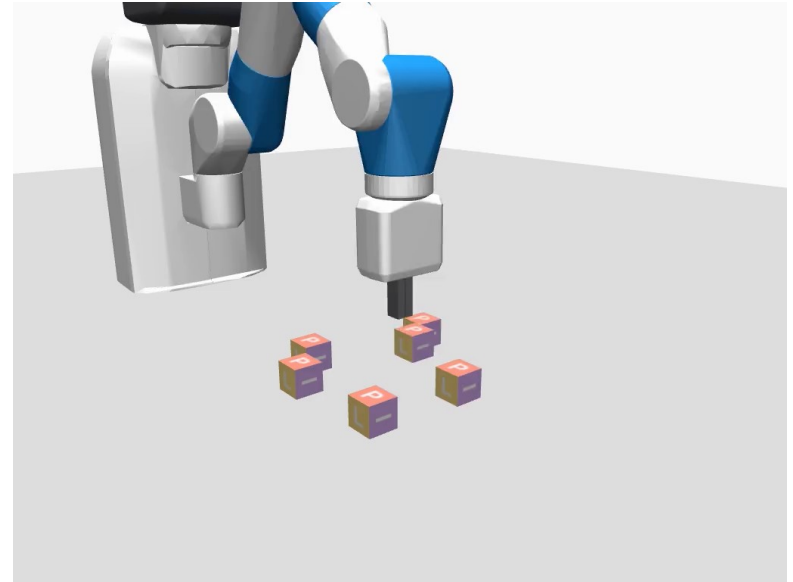
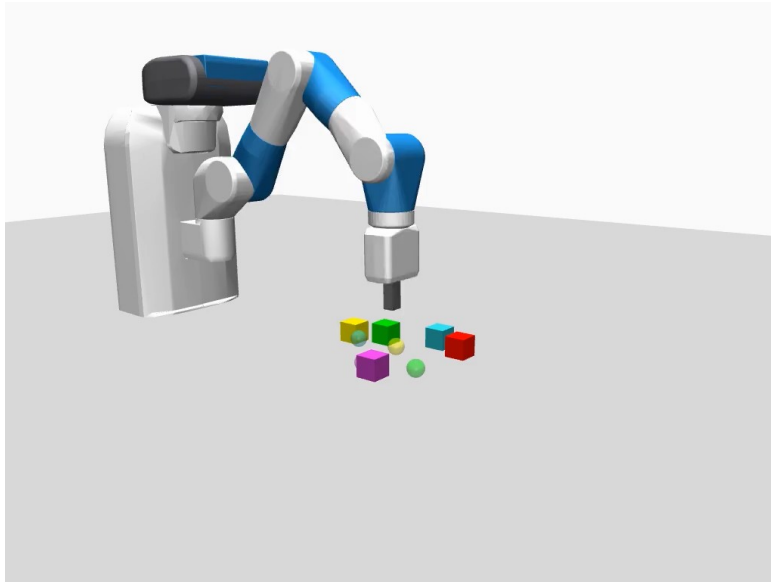


<https://cee-us.github.io/>

Perform a task – zero shot generalization

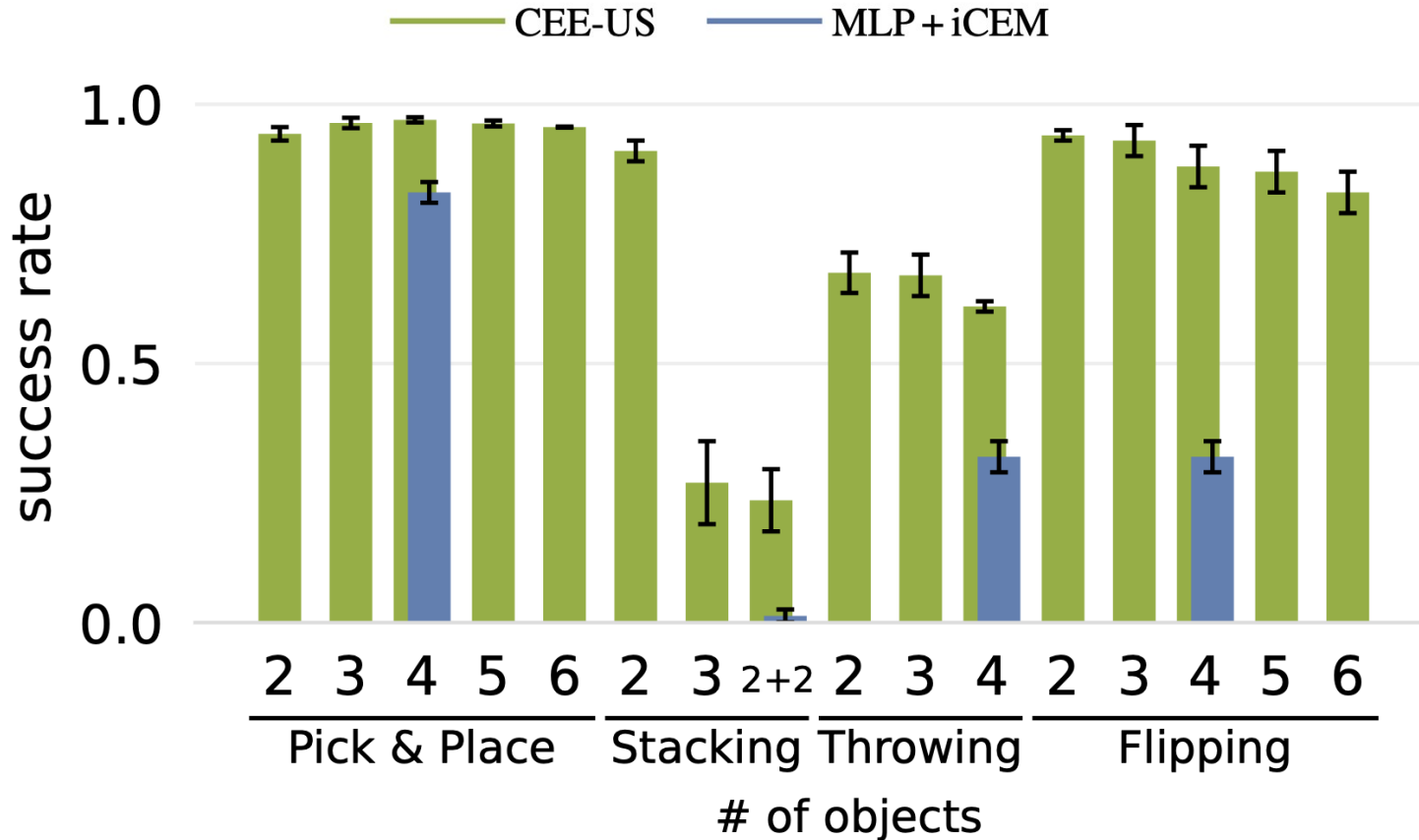
“Think” and plan:

- use mental model of the world to plan for a given task



<https://cee-us.github.io/>

Perform a task - zero shot generalization

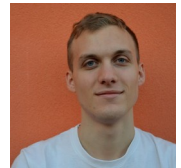


Could we also use Offline RL?

Perform offline RL to extract task-policy

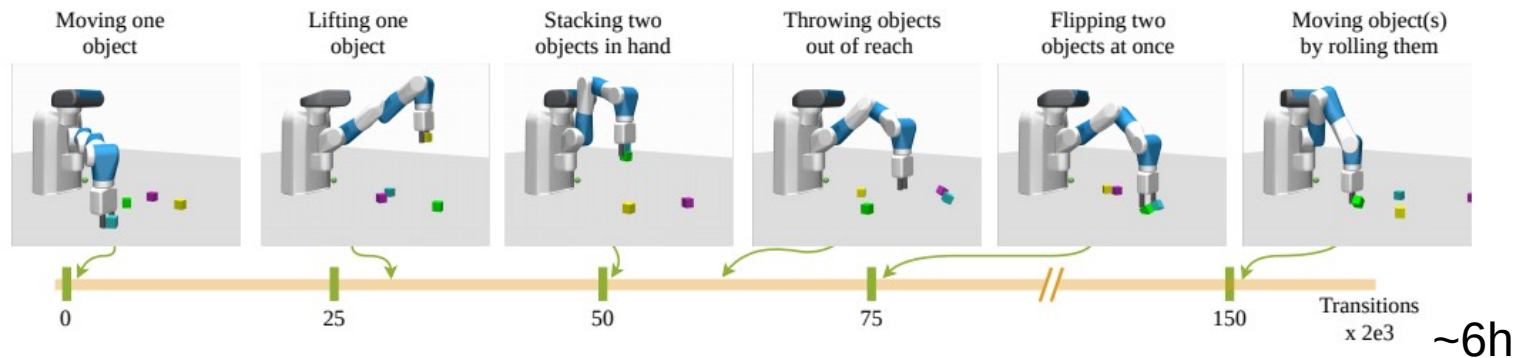
Domain	Task	Disagreement	RND	ICM	MLP + iCEM	CEE-US
CONSTRUCTION 600k datapoints	Reach	0.09 ± 0.01	0.19 ± 0.05	0.2 ± 0.03	0.65 ± 0.09	0.94 ± 0.04
	Pick & Place 1 obj.	0.07 ± 0.0	0.07 ± 0.0	0.07 ± 0.01	0.18 ± 0.06	0.43 ± 0.07

- More difficult tasks did not work!
- Lot do to for offline-RL
- Bagatella et al @ EWR: Goal-conditioned Offline Planning from Curious Exploration
 - Offline RL often suffer from estimation artifacts: can be circumvented with model-based corrections



Intermediate Summary

- **Model-based planning** works with good planners and ensemble network networks
- **Uncertainties** become instrumental: as **intrinsic reward** + to make models **robust**
- **Predictable Intrinsic Motivation** signals + model-based planning → **great sample efficiency**
- First demonstration of: task-agnostic free-play → zero-shot task performance in a difficult setting
- Still lots of limitations (e.g. not full RL setup)



Put more Structure into Play?

Novel \neq Useful



Cansu Sancaktar



Justus Piater

Put more Structure into Play?

Novel \neq Useful



What is a generic bias for constructing things?



Cansu Sancaktar

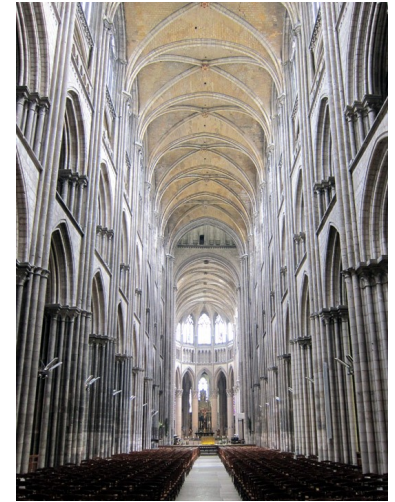


Justus Piater

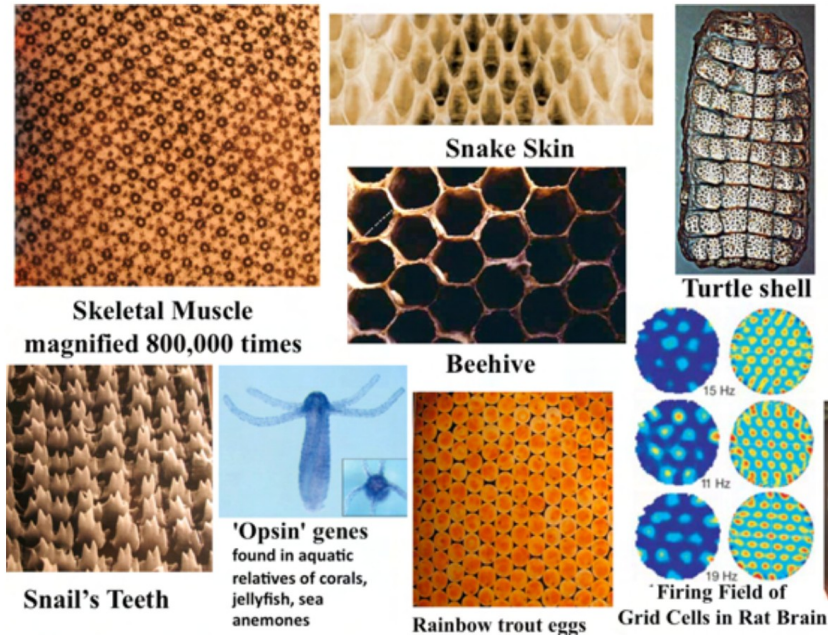
Put more Structure into Play?

Regularity and symmetries are everywhere.

- Regularity as Intrinsic Reward (RaIR)



Rouen Cathedral

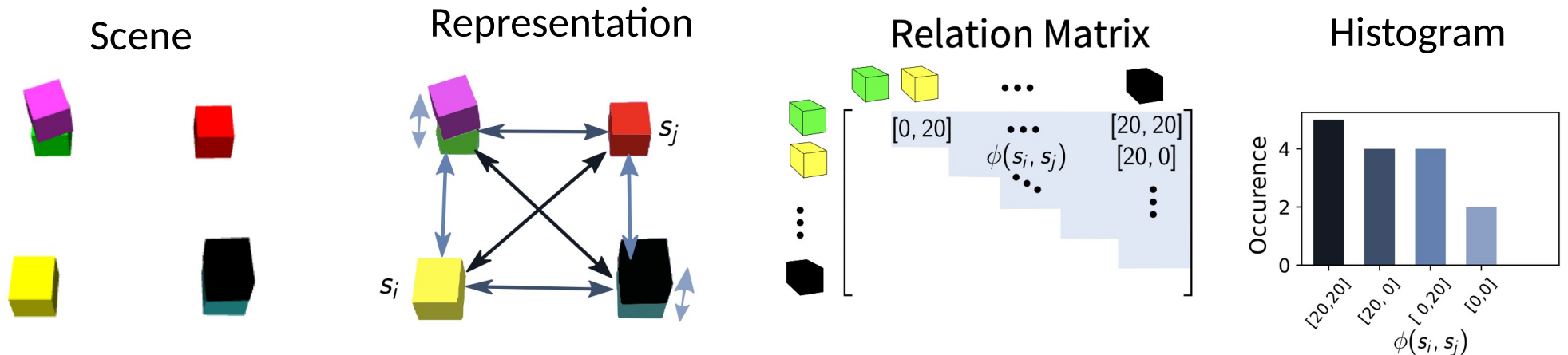


Neue Aula, Uni Tübingen

Put more Structure into Play?

Regularity = Redundancy in scene description

- Measured by Entropy of some representation
- Example:

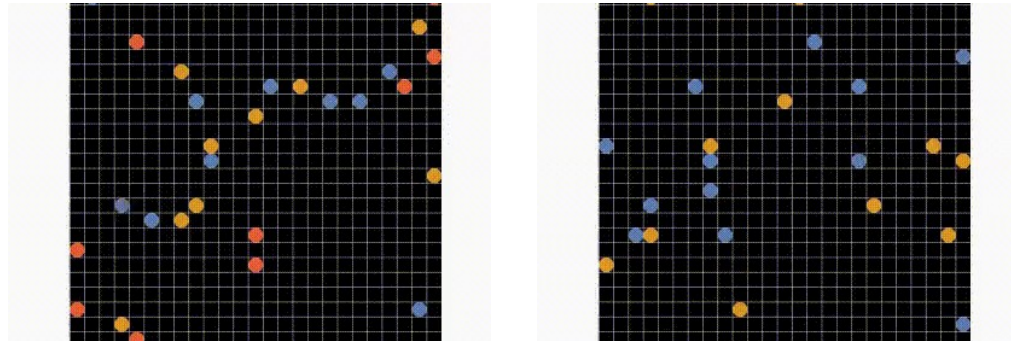


Color is not considered here

$$r_{\text{RaIR}}(s) := -\mathcal{H}(\Phi(s)) = \sum_{x \in X} p(x) \log p(x)$$

Regularity as Intrinsic Reward

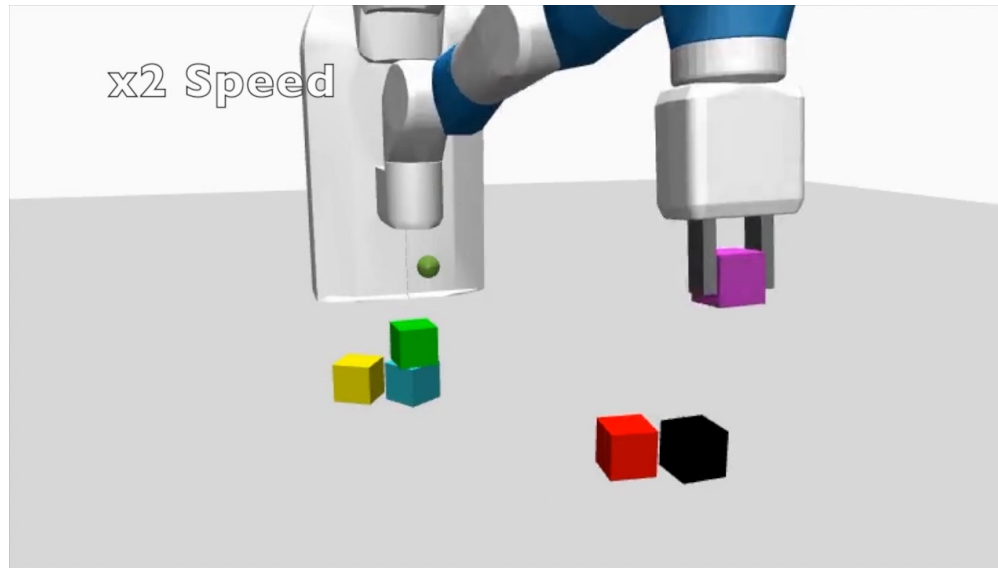
What does it do with
a perfect model?



Regularity in relative position and color
Every blob is controlled one after the other.

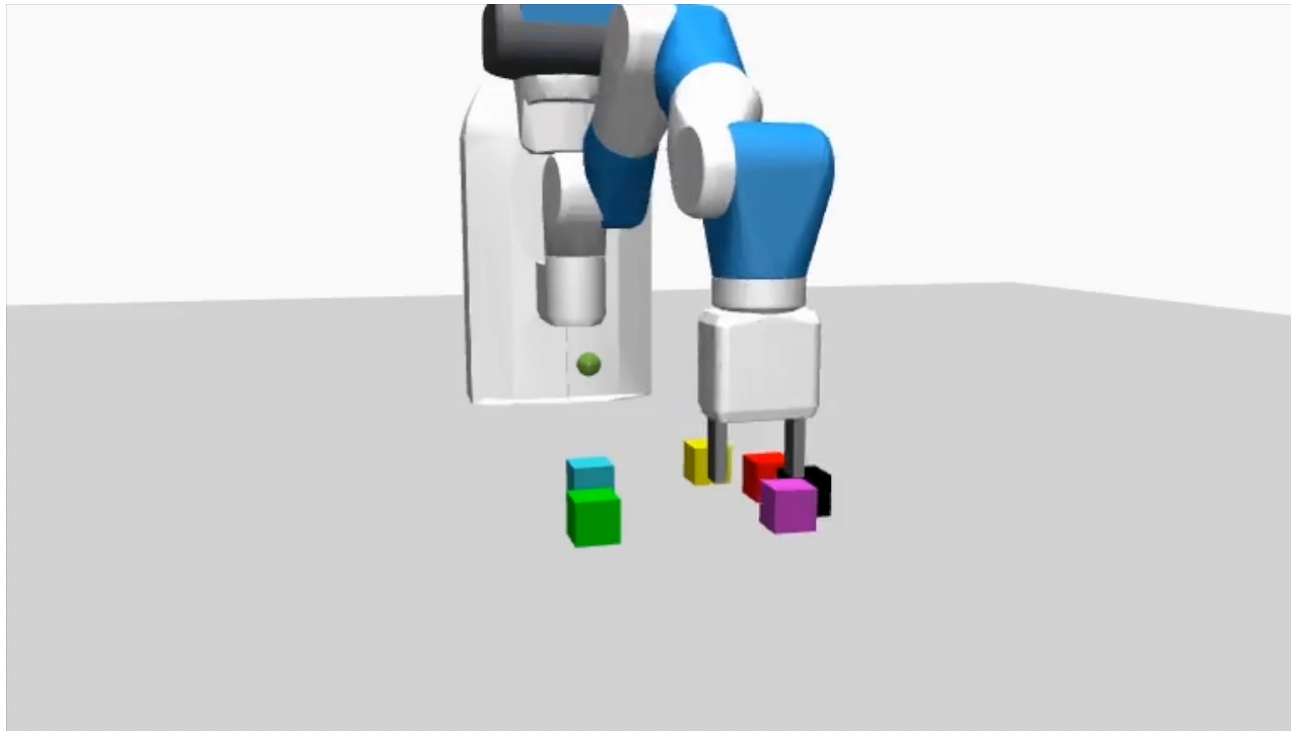
Regularity as Intrinsic Reward

What does it do with
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Regularity as Intrinsic Reward

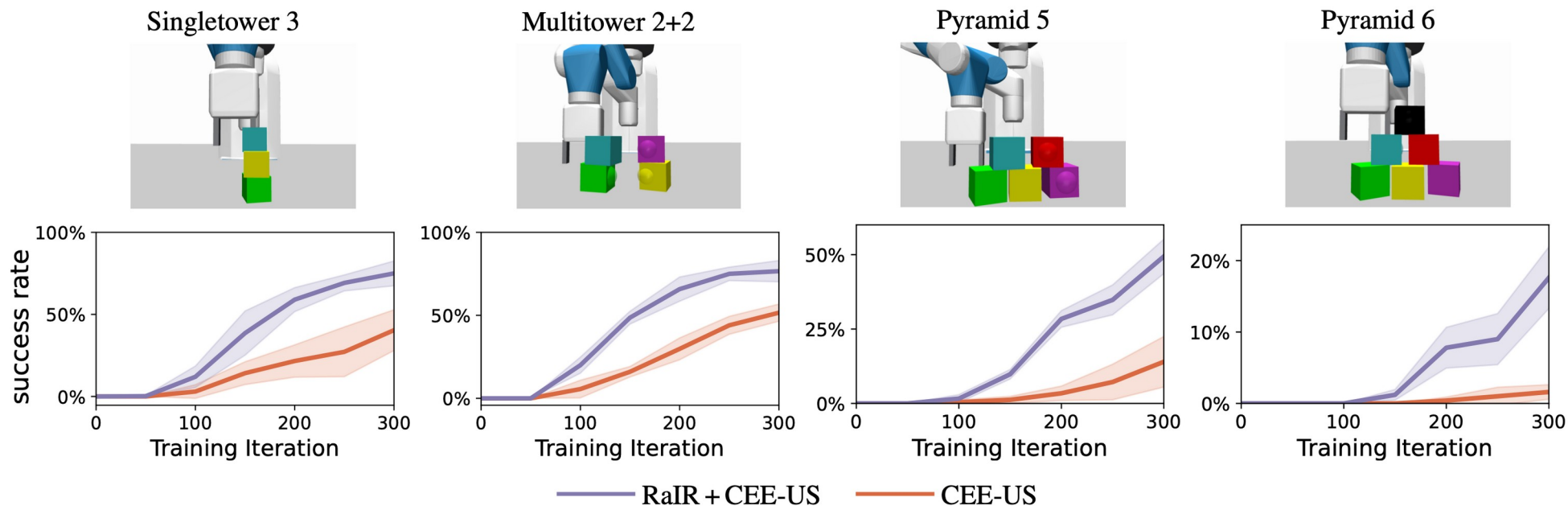
Free-play
RaIR + Info-gain



Regularity as Intrinsic Reward

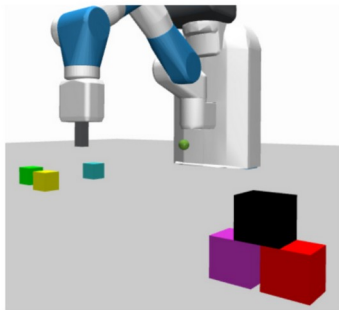
Does it help?

Zero-shot performance:

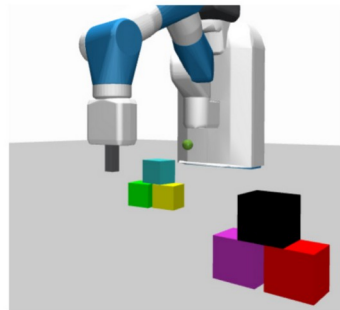


Recreate Existing Regularities

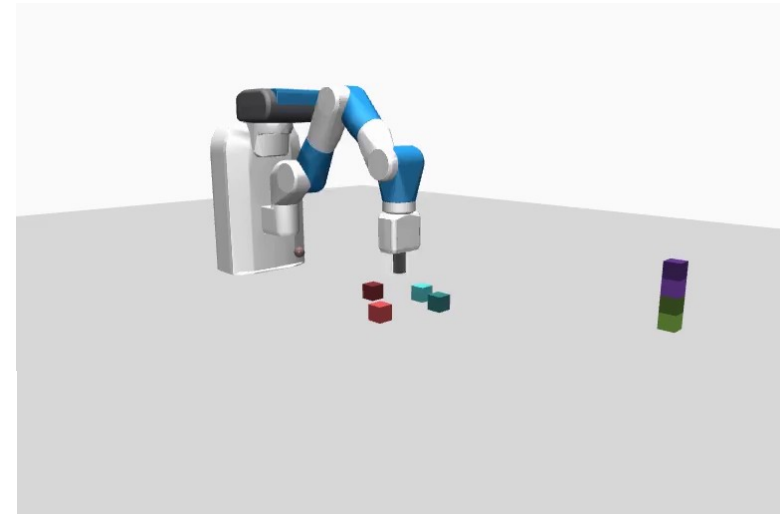
- Initialize a regular structure outside of the robot's reach
- Just optimize for RaIR → Repeating existing regularity is an optimum



t=0



t=200



<https://sites.google.com/view/rair-project>

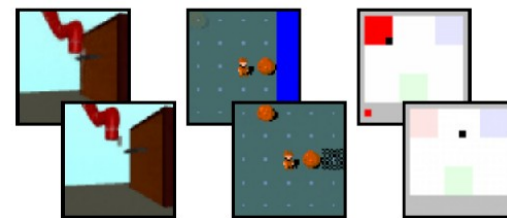
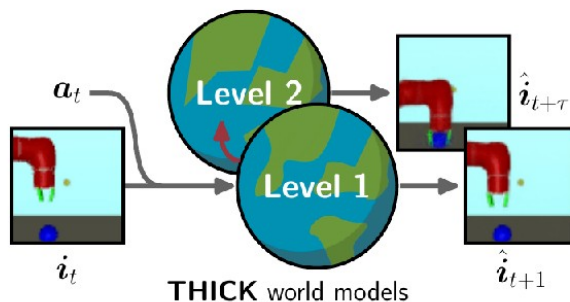
What about Hierarchical Planning?

At a glance

Motivation: How can we learn hierarchical world models for planning across multiple time scales?

Our contributions:

- **C-RSSM:** Context-encoding RSSM [3] extension
- **THICK:** Algorithm to learn world model hierarchy with an adaptive high-level time scale
- **Improved long-horizon planning** when using THICK world models for MBRL and MPC agents



exemplary hierarchical predictions



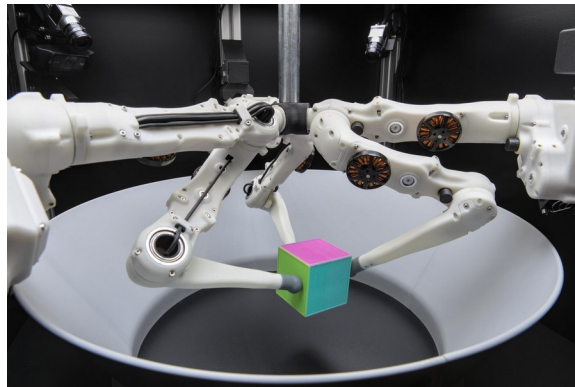
website

Poster today



Summary

- Intrinsic motivations help us to formalize exploration strategies
 - inductive bias to specify downstream task families
- Model-based planning + predictive intrinsic motivation is promising
- Regularity as an addition to the intrinsic motivation zoo ;-)
- We are close to have playing robots that become useful?!





Thank you!

MAX PLANCK
GESELLSCHAFT



imprs-is



CyberValley

